

# Huntington Society of Canada HUNTINGTON Société Huntington du Canada

#### **YPAHD Day Contact:**

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#### **FOR IMMEDIATE RELEASE**

**Event Date:** November 25-26 Calgary and Toronto

## YPAHD Day: A Conference for Young People Affected by Huntington Disease November 25-26, 2022

Sept. 26, 2022 – After going virtual in 2021, YPAHD (Young People Affected by Huntington Disease) Day is back in person, Saturday November 26, in two locations: Calgary and Toronto, with a social event the evening of Friday, November 25. The event is an opportunity for youth to come together to learn from professionals on a variety of topics, from survivor's guilt to genetic testing. Of perhaps greater importance is the benefit of connecting with other young people ages 14 to 35 who are facing Huntington disease (HD) in some way, building connections and deepening community.

A highlight of the event is the collaboration among youth as they are tasked with coming up with a fundraising idea, building on the concept, and presenting it to the group.

Another key component of YPAHD Day is the opportunity for connection stemming from social activities. Funding is available via the Huntington Society of Canada (HSC) (email conference@huntingtonsociety.ca for details). Applications for funding are due September 30. Registration deadline is November 11. Some of the sessions will be recorded and uploaded to ypahd.ca and YPAHD social media channels, so if interested youth are unable to attend, they can still take in a variety of the presentations after the event.

What? Young People Affected by Huntington Disease (YPAHD) Day
 When? November 26, 2022 (social activity Nov. 25). Registration deadline November 11, 2022
 Where? Hotel Clique, Calgary and Sandman Signature Toronto Airport Hotel, Toronto

For information visit www.huntingtonsociety.ca/ypahd-day/.

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**Huntington disease (HD)** is a debilitating brain disorder that is fatal and incurable. About one in every 7,000 Canadians has HD and approximately one in every 5,500 is at-risk of developing the disease. Many more are touched by HD whether as a caregiver, a family member, or a friend. Huntington disease is often described as having the symptoms of Alzheimer's, Parkinson's and ALS – simultaneously. As the disease progresses, a person with HD become less able to manage movements, recall events, make decisions and control emotions. The disease leads to incapacitation and, eventually, death.

The **Huntington Society of Canada (HSC)** is a respected leader in the worldwide effort to find a meaningful treatment for Huntington disease. HSC is the only Canadian health charity dedicated to providing help and hope for families dealing with Huntington disease across Canada.

### **Event Organizer:**

Annie Vanexem, avanexem@huntingtonsociety.ca

