# SASKATCHEWAN COMMUNITY NEWSLETTER FALL 2020



# **CHAPTER INFORMATION**

## Saskatchewan Chapter

President: June Nichol junenichole43@gmail.com

## **HSC National Office:**

20 Erb St. W, Suite 801 Waterloo, ON N2L 1T2 1-800-998-7398 info@huntingtonsociety.ca

## **HSC RESOURCE CENTRES**

Family Services Program available at HSC Resource Centres includes:

- Information on HD and strategies for care
- Connecting families with community services/resources through referral and advocacy
- Educational sessions to community groups and healthcare professionals

## Saskatchewan (Saskatoon)

Erin Stephen, BSW, RSW Resource Centre Director 306-979-9111 Toll-Free: 1-855-253-0215 estephen@huntingtonsociety.ca

## The HSC Saskatchewan Resource

**Centre (SKRC)** is located in Saskatoon, SK and offers the HSC Family Services Program. Erin Stephen, RSW, is available Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:30 p.m.

## **HD RESOURCES**

#### **Clinical Trials**

New clinical trials and observational studies are being offered regularly. Should you or a family member be interested in participating please visit: <a href="https://www.huntingtonsociety.ca/clinical-trial-locations">www.huntingtonsociety.ca/clinical-trial-locations</a>

#### HDBuzz.net

HD research news. In plain language. Written by scientists for the global HD community. Stay up to date with the latest research news about HD from around the world! Visit <a href="https://www.en.hdbuzz.net">www.en.hdbuzz.net</a> for more information.

## **HD Fact Sheets**

Fact sheets on a variety of topics relating to HD including communication, clinical trials and behaviour are available on our website at <a href="https://www.hdfactsheets.ca">www.hdfactsheets.ca</a>.

## **SASKATCHEWAN NEWS**

## **Province-Wide Events**

**RaceHD** is our national running group which runs, walks or rolls in races across the country to raise money for Huntington disease (HD). If you would like more information about the races and how to register, visit <u>p2p.onecause.com/racehd</u>. If you have found a race near you that is not listed, contact us at <u>events@huntingtonsociety.ca</u>.

**Community Education Forums** are taking place on November 14 and February 27 and will cover topics such as HD research and genetic testing. Go to <a href="https://www.huntingtonsociety.ca/cef">www.huntingtonsociety.ca/cef</a> to register.

## Saskatchewan Chapter

## **COMMUNITY NEWS**

2020 has certainly brought some changes along with it, but we are so proud of how everyone has adapted! Thanks to all who helped make our first ever Virtual Walk a success! On Sept. 19, 2020 individuals across Saskatchewan walked in their own communities to raise money and awareness for HD. Way to go!

Sophie's Keychains for HD was a huge success. Nine year old Sophie started making keychains in May as a fundraiser for the Saskatchewan chapter. Sophie made approximately 500 keychains, caught the attention of local politicians and media, and raised over \$6400 for the HSC! Congratulations Sophie!

Like our Facebook page for updates and information on events. <a href="https://www.facebook.com/HuntingtonSocietyOfCanadaSaskatoon">www.facebook.com/HuntingtonSocietyOfCanadaSaskatoon</a>

#### **MEETINGS**

Chapter meetings are held via conference call on the 2nd Tuesday of the month at 7:00 p.m. Individuals across Saskatchewan can join us on the phone. Email Erin Stephen for call in details.

## Young People Affected by HD (YPAHD) Chapter

YPAHD helps youth think about and discuss issues such as genetic testing, family life, and dating with HD, and supports them in their struggles of being affected by the disease. This group gives young people someone with whom they can relate, talk to, and lean on. This support system can be incredibly important during this stage in life and beyond.

## **MEETINGS**

YPAHD is a virtual chapter that meets monthly via telephone. YPAHD conference calls are typically scheduled during the evening of the second Sunday of each month but this schedule is subject to change. Check social media or contact us at <a href="mailto:ypahd@huntingtonsociety.ca">ypahd@huntingtonsociety.ca</a> for more information.

## **GET INVOLVED**

## **TeamHD**

Join the team of people involved in planning and participating in HSC events across the country. Follow us on Facebook at www.facebook.com/hschappenings.

For more information on how to get involved in events, go to <a href="www.teamHD.ca">www.teamHD.ca</a> or contact the HSC Events Team at 1-800-998-7398, ext. 138 or <a href="events@huntingtonsociety.ca">events@huntingtonsociety.ca</a>.

#### Volunteer

Our strongest asset is our dedicated volunteers. To learn more about how you can get involved and to fill out an application, visit www.huntingtonsociety.ca/volunteer.