

CHAPTER INFORMATION

Barrie Chapter

President: Steven Beatty
stevenmbeatty@gmail.com

Belleville Area

Representative: Judy Harding
judyharding@cogeco.ca

Durham Chapter

President: Bunny Clark
durhamregionhd@gmail.com

Essex Chapter

President: Paul Bateman
pjb8man@hotmail.com

Grand River Chapter

Co-President: Christine Andrews
hdgrandriver@gmail.com

London Chapter

President: Paul McConomy
hd.londonchapter@gmail.com

Niagara Chapter

President: John Stainsby
stainsbyjohn@gmail.com

Ottawa Chapter

President: Sharon Haig
sharon.haig@sympatico.ca

Peterborough Chapter

President: Heath Sterling
ptbohd@gmail.com

Sarnia Area

Representative: Celine Payne
celineangele@hotmail.ca

Sudbury Chapter

President: Lauri Miller
hd.sudbury@live.ca

Thunder Bay Area

Representative: James Fletcher
Ynkefn1@yahoo.com

Timmins Area

Representative: Lynn Walker
hsctimmins@icloud.com

Toronto Chapter

President: Natalie Marnica
info@hdtoronto.org

HSC National Office:

20 Erb St. W, Suite 801
Waterloo, ON N2L 1T2
1-800-998-7398 info@huntingtonsociety.ca

ONTARIO NEWS

Province-Wide Events

RaceHD: RaceHD is our national running group which runs, walks or rolls in races across the country to raise money for Huntington disease (HD). If you would like more information about the races and how to register, visit p2p.onecause.com/racehd. If you have found a race near you that is not listed, contact us at events@huntingtonsociety.ca.

Community Education Forums are taking place on November 14 and February 27 and will cover topics such as HD research and genetic testing. Go to www.huntingtonsociety.ca/cef to register.

Toronto Chapter

COMMUNITY NEWS

We held our Annual Toronto Huntington Heroes Run virtually this year! We had a great time running in our own neighbourhoods and raising funds for HD! Thank you to everyone who participated and donated!

UPCOMING EVENTS

TORONTO COMEDY NIGHT – POSTPONED, STAY TUNED FOR NEW DATE.
Check out www.huntingtonsociety.ca/events for updates!

MEETINGS

Caregiver Support Group- Please contact Rozi if interested.

Join us for conference call **Chapter meetings**. Connect with Natalie for the call in details.

London Chapter and Area

COMMUNITY NEWS

In September, we had the annual Exeter hike! This year the event went virtual and we had a great time walking and running in our own neighbourhoods. Check out photos from the event using the hashtag #HikeofHeroes or #ExeterHike.

MEETINGS

Meetings take place the third Wednesday of the month. If you have any ideas on speakers or topics you would like to see discussed, contact Paul McConomy.

Windsor/Essex Chapter

COMMUNITY NEWS

This year we held a virtual walk in place of the Indy Go-Kart Challenge. We had a great time walking in our own communities and raising funds for HD! Thank you for all the support. We are always looking for volunteers and new ideas to strengthen our chapter! If you would like to get involved contact events@huntingtonsociety.ca.

MEETINGS

Windsor/Essex chapter meetings are held monthly except in July and August. Meetings start at 7:00 p.m. For more information, please contact Paul Bateman at pjb8man@hotmail.com.

HSC RESOURCE CENTRES

Family Services Program available at HSC Resource Centres includes:

- Information on HD and strategies for care
- Connecting families with community services/resources through referral and advocacy
- Educational sessions to community groups and healthcare professionals

East Central Ontario

Ms. Marilyn Mitchell, BSW, RSW
Resource Centre Director
Ph: 905-426-4333 Toll-Free: 1-855-426-4333
mmitchell@huntingtonsociety.ca

Eastern Ontario

Mr. Paul Klodniski, M. Ed., RP
Resource Centre Director
Toll-Free: 1-866-536-4934
613- 233-5838
pklodniski@huntingtonsociety.ca

Central Ontario

(inclusive of Halton/Peel/Hamilton/Niagara and St-Catherines areas)
This position is currently in transition. In the meantime, please contact the National Director of Family Services at 1-800-998-7398, ext. 132.

Kingston/Belleville Area

Ms. Sherrie McKegney, MSW, RSW
Family Services Worker
613-548-7153
smckegney@huntingtonsociety.ca

Northern Ontario

(inclusive of Barrie/Orillia Area)
Ms. Sarah Gauthier, MACP, RP
Resource Centre Director
Toll-Free: 1-855-522-5319
705-522-5319
sgauthier@huntingtonsociety.ca

Southwestern Ontario

(inclusive of Guelph, Cambridge, Kitchener/Waterloo)
Mr. Graeme Wood, BSW, MPH, RSW
Resource Centre Director
Toll-Free: 1-855-660-0670
519-660-0670
gwood@huntingtonsociety.ca

ONTARIO NEWS

Peterborough Chapter

COMMUNITY NEWS

We had a successful golf tournament this September! Thank you to everyone who participated and supported us. If you wish to learn more about the chapter or get involved, contact us at ptbohd@gmail.com or follow us on Facebook at www.facebook.com/hdptbo. If you would like to fundraise for the Peterborough chapter, use our fundraising hub at p2p.onecause.com/ptbochapter.

UPCOMING EVENTS

Check out www.huntingtonsociety.ca/events for updates!

MEETINGS

The chapter meets the second Thursday of the month. See our Facebook page for more information (www.facebook.com/hdptbo) or contact ptbohd@gmail.com to get on the email distribution list.

Durham Region Chapter

COMMUNITY NEWS

The Durham walk went virtual this year, allowing people across the region to participate from their own neighbourhoods. Thank you to everyone who participated and supported the chapter this year! The Durham chapter has various events and activities during the year. If you would like to know more about us or become part of the chapter please contact durhamregionhd@gmail.com.

MEETINGS

Chapter meetings are held on the third Wednesday of each month from 7:00 p.m. –9:00 p.m. For more information, please call 905-410-0451 or email durhamregionhd@gmail.com.

Ottawa Chapter

COMMUNITY NEWS

This summer saw the Ottawa Race Weekend fundraiser go virtual with the Ottawa chapter Virtual Run that extend throughout the summer months. Thanks to all who ran, walked, or pledged for the cause in these difficult times! Ottawa was a big part of the national RaceHD total funds raised again!

Amaryllis will be blossoming all over Ottawa again this year with the campaign starting mid-October. Get your order in early to avoid disappointment as we are sure to sell out again this year. We moved another record number of growing kits last year! These will be the ideal cheer up gift to give friends and family in these troubled times. Contact Valerie Nabb at vinabb@gmail.com or phone 613-745-5253 to stock up.

Find and follow us on Facebook to see how you can get involved in Ottawa chapter events. www.facebook.com/HSCOttawa/.

MEETINGS

There are two groups available; a group for people in early to early-middle stage HD, and a caregiver/carer support group. If you are interested in either group, please contact Paul Klodniski at 613-233-5838 for details.

HSC RESOURCE CENTRES

Toronto and Area

Ms. Rozalia (Rozi) Andrejas, MSW, RSW
Resource Centre Director
Toll-Free: 1-877-573-7011
905-787-1645
randrejas@huntingtonsociety.ca

Windsor Area

Ms. Gioia Levesque, MSW, RSW
Family Services Worker
519-979-3211
givesque@huntingtonsociety.ca

HD RESOURCES

Clinical Trials

New clinical trials and observational studies are being offered regularly. Should you or a family member be interested in participating please visit:
huntingtonsociety.ca/clinical-trial-locations

HDBuzz.net

HD research news. In plain language. Written by scientists for the global HD community. Stay up to date with the latest research news about HD from around the world! Visit:
www.en.hdbuzz.net for more information.

HD Fact Sheets

Fact sheets on a variety of topics relating to HD including communication, clinical trials and behaviour are available on our website at
www.hdfactsheets.ca.

ONTARIO NEWS

Barrie Chapter

COMMUNITY NEWS

We are always looking for new members to our young chapter. Reach out to Steven Beatty if looking for more information about the Barrie chapter, e.g, becoming a member/volunteering. If you wish to learn more about the chapter or get involved, contact Steven at stevenmbeatty@gmail.com.

UPCOMING EVENTS

BARRIE WALK – Oct. 17, 2020 — VIRTUAL

The Barrie walk has gone virtual this year! Walk/run in your own neighbourhood and raise pledges online at p2p.onecause.com/barriewalk.

MEETINGS

Monthly meetings take place on last Tuesday of the month. Currently being held over Google Meet due to COVID restrictions. Reach out to Steven Beatty for more info.

Grand River Chapter

COMMUNITY NEWS

We held our Annual Founder's Walk this September and had a great time getting together to celebrate the founders of HSC, Ralph and Ariel Walker. Thank you to everyone who participated and supported our event this year!

UPCOMING EVENTS

PINS AND PIZZA – POSTPONED, STAY TUNED FOR NEW DATE

Check out www.huntingtonsociety.ca/events for updates!

Niagara Chapter

COMMUNITY NEWS

The Golfapalooza HD Classic was cancelled this year, however, if you are interested in supporting this event you can still donate at www.p2p.onecause.com/golfapalooza. Every donation of \$100 or more will receive a complimentary bottle of wine at the 2021 Golfapalooza event.

UPCOMING EVENTS

NIAGARA LAKE-TO-LAKE CHALLENGE – October 24, 2020

Go to www.p2p.onecause.com/lake2lake for more information and to register.

If you are interested in learning more about our fundraising efforts or just about our Niagara chapter, please contact Gail DeKoning at gaildekoning@gmail.com or John Stainsby at stainsbyjohn@gmail.com.

Kingston/Belleville Area

MEETINGS

A support group is offered the fourth Wednesday of the month. There is a care-partner support group and a drop-in offered. Please contact Sherrie McKeegney for more information.

GET INVOLVED

TeamHD

Join the team of people involved in planning and participating in HSC events across the country.

Follow us on Facebook at facebook.com/hschappenings.

For more information on how to get involved in events, go to www.teamHD.ca or contact the HSC Events Team at 1-800-998-7398, ext. 138 or events@huntingtonsociety.ca.

Volunteer

Our strongest asset is our dedicated volunteers. To learn more about how you can get involved and to fill out an application, visit: www.huntingtonsociety.ca/volunteer.

CALLING ALL YOUTH

Young People Affected by HD

YPAHD helps youth think about and discuss things like genetic testing, family life, and dating with HD, and supports them in their struggles of being affected by the disease.

Visit www.ypahd.ca for more information or follow them on social media...

Facebook: /YPAHD
Instagram: @YPAHDfeed
Twitter: @YPAby_HD

Youth Mentorship Program

The HSC Mentorship Program is designed to support young people across Canada facing the everyday challenges of growing up in a family affected by Huntington disease.

Visit www.huntingtonsociety.ca/learn-about-hd/youth/youth-mentorship-program/ for more information.

ONTARIO NEWS

Northern Ontario Chapter (Timmins, Sudbury, Thunder Bay)

UPCOMING EVENTS

TIMMINS BOWL FOR A CURE – POSTPONED, STAY TUNED FOR NEW DATE

Check out www.huntingtonsociety.ca/events.

MEETINGS

If you would like to be involved in planning events or joining a chapter, email us at events@huntingtonsociety.ca.

Sarnia Chapter

COMMUNITY NEWS

We are looking for anyone who is interested to join our chapter and/or be a volunteer at our upcoming events. If you have questions, please contact Lori or Celine.

MEETINGS

If you are interested in attending a meeting, please contact Celine for more information. Meetings are typically held on a Sunday every month or two, depending what we have going on.

Young People Affected by HD (YPAHD) Chapter

YPAHD helps youth think about and discuss issues such as genetic testing, family life, and dating with HD, and supports them in their struggles of being affected by the disease. This group gives young people someone with whom they can relate, talk to, and lean on. This support system can be incredibly important during this stage in life and beyond.

MEETINGS

YPAHD is a virtual chapter that meets monthly via telephone. YPAHD conference calls are typically scheduled during the evening of the second Sunday of each month but this schedule is subject to change. Check social media or contact ypahd@huntingtonsociety.ca for more information.

STAY CONNECTED

Sign up for our Newsletters

Are you interested in finding out about the latest research news from around the world, or what is happening in your local HD community, or tips for caring for a person with HD?

The Huntington Society of Canada is committed to providing you with the most up-to-date information on your topics of interest.

For more information on our three newsletters and to sign up to receive them directly to your inbox on release date, visit www.huntingtonsociety.ca/newsletters.

Social Media. You can find us on...

Facebook: /HuntingtonSC Twitter: @HuntingtonSC Instagram: @HuntingtonSocietyCanada
Youtube: /HuntSocCanada