MANITOBA COMMUNITY NEWSLETTER FALL 2020



CHAPTER INFORMATION

Manitoba Chapter

President: Vern Barrett info@hdmanitoba.ca

HSC National Office

20 Erb St. W, Suite 801, Waterloo, ON N2L 1T2 1-800-998-7398

info@huntingtonsociety.ca

HSC RESOURCE CENTRES

Family Services Program available at HSC Resource Centres includes:

- Information on HD and strategies for care
- Connecting families with community services/ resources through referral and advocacy
- Educational sessions to community groups and healthcare professionals

Manitoba Resource Centre

200 Woodlawn St., Winnipeg, MB Marla Buchholz, BSW, RSW ● Resource Centre Director 204-772-4617 <u>mbuchholz@huntingtonsociety.ca</u>

Support group meeting for caregivers. Our support group is open to all those impacted by HD. Please contact Marla for more information.

HD RESOURCES

Clinical Trials

New clinical trials and observational studies are being offered regularly. Should you or a family member be interested in participating please visit: www.huntingtonsociety.ca/clinical-trial-locations

HDBuzz.net

HD research news. In plain language. Written by scientists for the global HD community. Stay up to date with the latest research news about HD from around the world! Visit www.en.hdbuzz.net for more information.

HD Fact Sheets

Fact sheets on a variety of topics relating to HD including communication, clinical trials and behaviour are available on our website at www.hdfactsheets.ca.

MANITOBA NEWS

Province-Wide Events

RaceHD is our national running group which runs, walks or rolls in races across the country to raise money for Huntington disease (HD). If you would like more information about the races and how to register, visit <u>p2p.onecause.com/racehd</u>. If you have found a race near you that is not listed, contact us at events@huntingtonsociety.ca.

Community Education Forums are taking place on November 14 and February 27 and will cover topics such as HD research and genetic testing. Go to www.huntingtonsociety.ca/cef to register.

Manitoba Chapter

COMMUNITY NEWS

Our first-ever Virtual Huntington Heroes Walk/Run/Roll to Cure HD was a huge success. Thanks so much to all the creative and passionate souls who picked their own time, place and activity- then raised funds for the cause. It has also made a real difference with over \$11,000 raised to support HD services and research. We also held our Annual Indy Go-Kart Challenge in September, as always a great time was had by all! Thank you to everyone who has supported our chapter this year.

UPCOMING EVENTS

CHAPTER HOLIDAY PARTY — Dec. 4, 2020 - 5:30 p.m.

Location: Manitoba Possible (formerly Society for Manitobans with Disabilities), 825 Sherbrook Street, Winnipeg, MB. More information at www.hdmanitoba.ca in November.

MEETINGS

Manitoba Chapter Meetings take place six times a year. Please contact Vern Barrett at vbarrett@mts.net or call 204-694-1779 to find out when the next meeting will occur. All are welcome!

Care Partner Connection & Coffee Break - HD caregivers meet virtually for support, ideas and just a break for community connection.

Potential for speaker on a specific topic, if desired. Saturdays Oct 3, Oct 31 and Nov 28, 10-11 am. Contact Marla for link.

Young People Affected by HD (YPAHD) Chapter

YPAHD helps youth think about and discuss issues such as genetic testing, family life, and dating with HD, and supports them in their struggles of being affected by the disease. This group gives young people someone with whom they can relate, talk to, and lean on. This support system can be incredibly important during this stage in life and beyond.

MEETINGS

YPAHD is a virtual chapter that meets monthly via telephone. YPAHD conference calls are typically scheduled during the evening of the second Sunday of each month but this schedule is subject to change. Check social media or contact ypahd@huntingtonsociety.ca for more information.

GET INVOLVED

TeamHD - Join the team of people involved in planning and participating in HSC events across the country. Follow us on Facebook at www.facebook.com/hschappenings. For more information on how to get involved in events, go to www.teamHD.ca or contact the HSC Events Team at 1-800-998-7398, ext. 138, or events@huntingtonsociety.ca.

Volunteer - Our strongest asset is our dedicated volunteers. To learn more about how you can get involved and to fill out an application, visit www.huntingtonsociety.ca/volunteer.