ALBERTA COMMUNITY NEWSLETTER FALL 2020



CHAPTER INFORMATION

Southern Alberta Chapter President: Heather Dodds hdcalgary@gmail.com www.facebook.com/SouthernAlbertaHD

Edmonton Chapter President: Greg Taylor taylorg1@telusplanet.net

Camrose Chapter President: Arnold Foss fossman@telusplanet.net

Peace Country Chapter President: Mack Erno <u>mack@jadecash.com</u>

NEW! Yukon Area Representative: Annette Sinclair 867-634-2888 annettepatriley@gmail.com

HSC National Office: 20 Erb St. W., Suite 801, Waterloo, ON N2L 1T2 1-800-998-7398 info@huntingtonsociety.ca

HSC RESOURCE CENTRES

Family Services Program available at HSC Resource Centres includes:

- Information on HD and strategies for care
- Connecting families with community services/resources through referral and advocacy
- Educational sessions to community groups and healthcare professionals

Northern Alberta Resource Centre

Bernie Modrovsky, BSW, RSW Resource Centre Director Edmonton, AB Tel: 780-434-3229 • Toll-Free: 1-855-554-9484 <u>bmodrovsky@huntingtonsociety.ca</u> *Available 3 1/2 days per week*

Southern Alberta Resource Centre

Shelley Thiele, MSW, RSW, Resource Centre Director Calgary, AB Tel: 403-532-0609 • Toll free: 1-844-532-0609 <u>sthiele@huntingtonsociety.ca</u>

ALBERTA NEWS

Province-Wide Events

RaceHD is our national running group which runs, walks or rolls in races across the country to raise money for Huntington disease (HD). If you would like more information about the races and how to register, visit <u>p2p.onecause.com/racehd</u>. If you have found a race near you that is not listed, contact us at <u>events@huntingtonsociety.ca</u>.

Community Education Forums are taking place on November 14 and February 27 and will cover topics such as HD research and genetic testing. Go to <u>www.huntingtonsociety.ca/cef</u> to register.

Southern Alberta Chapter

COMMUNITY NEWS

The Southern Alberta Hope Walk looked very different this year, as participants gathered with their teams to walk on their own as they participated in the first ever VIRTUAL WALK put on by an HSC chapter! We were able to raise just over \$31,000!

The Southern Alberta chapter of HSC was featured on the Cross Boarder Podcast for a week in May, during HD awareness month. Host Chris Brown sits down with medical experts, support staff with the HSC, our chapter president Heather Dodds, and past president Tara Johnson-Ouellette.

Brittany Van Norman has stepped away from her role as communications coordinator and Rachelle Tuck will be taking it over. Brittany was instrumental in revitalizing our newsletters, including spearheading the idea to share profiles of the chapter members. In addition to this, Brittany is a key member of the Walk Committee, so while she is stepping away from communications, she is still thankfully involved in the chapter.

MEETINGS

The **Client/Social Group** meets on the 3rd Thursday of each month from 1:00 p.m. – 3:00 p.m. The **Partner/Caregiver Support Group** meets on the 2nd Tuesday of each month (September to May) from 11:00 a.m. – 1:00 p.m. If interested in either group, please contact Shelley for more information at <u>sthiele@huntingtonsociety.ca</u>.

Edmonton Chapter

COMMUNITY NEWS

A local family hosted a lemonade stand in July in Beaumont, AB to raise funds and awareness for HD. A BIG shoutout to Barb and her crew for a job well done! Thank you!

UPCOMING EVENTS

EDMONTON WALK

Oct. 4, 2020 – VIRTUAL

Join the Edmonton Chapter for their first virtual walk! Walk, run or roll with your friends and family in your own community. To register and fundraise, go to <u>p2p.onecause.com/edmontonwalk</u>.

info@huntingtonsociety.ca

www.huntingtonsociety.ca

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HD RESOURCES

Clinical Trials

New clinical trials and observational studies are being offered regularly. Should you or a family member be interested in participating please visit:

www.huntingtonsociety.ca/clinical-trial-locations

HDBuzz.net

HD research news. In plain language. Written by scientists for the global HD community.

Stay up to date with the latest research news about HD from around the world! Visit <u>www.en.hdbuzz.net</u> for more information.

HD Fact Sheets

Fact sheets on a variety of topics relating to HD including communication, clinical trials and behaviour are available on our website at <u>www.hdfactsheets.ca</u>.

GET INVOLVED

TeamHD

Join the team of people involved in planning and participating in HSC events across the country.

Follow us on Facebook at www.facebook.com/HSChappenings

For more information on how to get involved in events, go to <u>www.teamHD.ca</u> or contact the HSC Events Team at 1-800-998-7398, ext. 138 or <u>events@huntingtonsociety.ca</u>.

Volunteer

Our strongest asset is our dedicated volunteers. To learn more about how you can get involved and to fill out an application, visit <u>www.huntingtonsociety.ca/volunteer.</u>

SAVE THE DATE – Wellness Event

For more information go to, www.facebook.com/HSCYEG/.

MEETINGS

Edmonton chapter meetings are conducted via telephone/virtually on the first Tuesday of the month from 7:00 p.m. - 9:00 p.m. Contact Greg for more information.

ALBERTA NEWS

Caregivers meetings are held on the second Tuesday of the month at 7:00 p.m. from September to June. Please contact Bernadette/Bernie for more information.

Camrose Chapter

MEETINGS

Follow us on Facebook and Twitter (<u>@hscamrosechapt</u>) or visit our website (<u>www.hscamrose.ca</u>) for meeting dates and chapter information. We are always looking for new volunteers and ideas!

Peace Country Chapter

COMMUNITY NEWS

Our 11th Annual HD Ride 4 a Cure was held on the weekend of Aug. 28. Even though things were a bit different this year, we still had an amazing time. Thank you so much to all our supporters for coming out and taking part and everyone that pledged a rider! Visit out chapter website for photos and results at <u>www.peacecountryhd.ca</u>. If you are interested in our chapter or in attending a meeting, contact Mack at 780-897-8048 or <u>mack@jadecash.com</u> or visit our website for more details and updates at <u>www.peacecountryhd.ca</u>.

MEETINGS

If you would like to get on the email list for the Peace Country chapter, just email Mack Erno. Once subscribed, you will get our notifications for chapter meetings and activities. We are always looking for new chapter members!

Young People Affected by HD (YPAHD) Chapter

YPAHD helps youth think about and discuss issues such as genetic testing, family life and dating with HD, and supports them in their struggles of being affected by the disease. This group gives young people someone with whom they can relate, talk to, and lean on. This support system can be incredibly important during this stage in life and beyond.

MEETINGS

YPAHD is a virtual chapter that meets monthly via telephone. YPAHD conference calls are typically scheduled during the evening of the second Sunday of each month but this schedule is subject to change.

For upcoming events and more information on how to get involved with YPAHD, visit <u>www.ypahd.ca</u>.

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