# SASKATCHEWAN COMMUNITY NEWSLETTER SPRING 2020



# **CHAPTER INFORMATION**

#### Saskatchewan Chapter

President: June Nichol junenichole43@gmail.com

### **HSC National Office:**

20 Erb St. W, Suite 801 Waterloo, ON N2L 1T2 1-800-998-7398 info@huntingtonsociety.ca

# **HSC RESOURCE CENTRES**

Family Services Program available at HSC Resource Centres includes:

- Information on HD and strategies for care
- Connecting families with community services/resources through referral and advocacy
- Educational sessions to community groups and healthcare professionals

## Saskatchewan (Saskatoon)

Erin Stephen, BSW, RSW Resource Centre Director 306-979-9111 Toll-Free: 1-855-253-0215 estephen@huntingtonsociety.ca

#### The HSC Saskatchewan Resource

**Centre (SKRC)** is located in Saskatoon, SK and offers the HSC Family Services Program. Erin Stephen, RSW, is available Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:30 p.m.

# **HD RESOURCES**

#### **Clinical Trials**

Participating in a clinical trial is a personal choice. Clinical trials can help advance medical research.

HSC encourages those interested to connect with their Resource Centre Director to discuss possible impacts of participating.

For locations and contact person, visit: <a href="https://www.huntingtonsociety.ca/clinical-trial-locations">www.huntingtonsociety.ca/clinical-trial-locations</a>

## HDBuzz.net

HD research news. In plain language. Written by scientists for the global HD community. Stay up to date with the latest research news about HD from around the world! Visit <a href="https://www.en.hdbuzz.net">www.en.hdbuzz.net</a> for more information.

## **HD Fact Sheets**

Fact sheets on a variety of topics relating to HD including communication, clinical trials and behaviour are available on our website at <a href="https://www.hdfactsheets.ca">www.hdfactsheets.ca</a>.

# SASKATCHEWAN NEWS

## **Province-Wide Events**

RaceHD is our national running group which runs, walks or rolls in races across the country to raise money for Huntington disease. If you would like more information about the races and how to register, visit <u>p2p.onecause.com/racehd</u>. If you have found a race near you that is not listed, contact us at <u>events@huntingtonsociety.ca</u>.

# Saskatchewan Chapter

### **COMMUNITY NEWS**

We are excited to be expanding our chapter to include members from across Saskatchewan! Being affected by Huntington's disease can feel isolating at times, and we want you to feel supported as part of our community. We will be beginning to host conference calls so that members from remote areas or individuals who have a difficult time getting to chapter meetings can still be involved. Please reach out to us if you would like more information on joining in on our Chapter Meetings via conference call.

#### **UPCOMING EVENTS**

SASKATOON WALK - POSTPONED, STAY TUNED FOR NEW DATE

ONLINE AUCTION FOR HD - POSTPONED, STAY TUNED FOR UPDATES.

Check out www.huntingtonsociety.ca/events for updates.

#### **MEETINGS**

Chapter meetings are held on the second Tuesday of the month (October - December and March - June). Meeting begins at 7:00 p.m. at the Edwards Centre, 333 4<sup>th</sup> Ave. N, Saskatoon, SK. For those wishing to participate from across the province, please contact Erin Stephen for the conference call number.

# Young People Affected by HD (YPAHD) Chapter

YPAHD helps youth think about and discuss issues such as genetic testing, family life, and dating with HD, and supports them in their struggles of being affected by the disease. This group gives young people someone with whom they can relate, talk to, and lean on. This support system can be incredibly important during this stage in life and beyond.

#### **MEETINGS**

YPAHD is a virtual chapter that meets monthly via telephone. YPAHD conference calls are typically scheduled during the evening of the second Sunday of each month but this schedule is subject to change. Check social media or contact us at ypahd@huntingtonsociety.ca for more information.

## **GET INVOLVED**

## TeamHD

Join the team of people involved in planning and participating in HSC events across the country. Follow us on Facebook at <a href="https://www.facebook.com/hschappenings">www.facebook.com/hschappenings</a>.

For more information on how to get involved in events, go to <a href="www.teamHD.ca">www.teamHD.ca</a> or contact the HSC Events Team at 1-800-998-7398, ext. 138 or <a href="events@huntingtonsociety.ca">events@huntingtonsociety.ca</a>.

#### Volunteer

Our strongest asset is our dedicated volunteers. To learn more about how you can get involved and to fill out an application, visit <a href="https://www.huntingtonsociety.ca/volunteer">www.huntingtonsociety.ca/volunteer</a>.