

CHAPTER INFORMATION

Barrie Chapter

Representative: Steven Beatty stevenmbeatty@gmail.com

Belleville Area

Representative: Judy Harding judyharding@cogeco.ca

Durham Chapter

President: Bunny Clark durhamregionhd@gmail.com

Essex Chapter

President: Paul Bateman pjb8man@hotmail.com

Grand River Chapter

Co-President: Christine Andrews hdgrandriver@gmail.com

London Chapter

President: Paul McConomy hd.londonchapter@gmail.com

Niagara Chapter

President: John Stainsby stainsbyjohn@gmail.com

Ottawa Chapter

President: Sharon Haig sharon.haig@sympatico.ca

Peterborough Chapter

President: Heath Sterling ptbohd@gmail.com

Sarnia Area

Representative: Celine Payne <u>celineangele@hotmail.ca</u>

Sudbury Chapter

President: Lauri Miller hd.sudbury@live.ca

Thunder Bay Area

Representative: James Fletcher Ynkefn1@yahoo.com

Timmins Area

Representative: Lynn Walker hsctimmins@icloud.com

Toronto Chapter

President: Natalie Marnica info@hdtoronto.org

HSC National Office:

20 Erb St. W, Suite 801 Waterloo, ON N2L 1T2

1-800-998-7398 info@huntingtonsociety.ca

ONTARIO NEWS

Province-Wide Events

RaceHD: RaceHD is our national running group which runs, walks or rolls in races across the country to raise money for Huntington disease. If you would like more information about the races and how to register, visit

<u>p2p.onecause.com/racehd</u>. If you have found a race near you that is not listed, contact us at events@huntingtonsociety.ca.

Toronto Chapter

COMMUNITY NEWS

We had a great lab tour at Dr. Harding's lab in Toronto with over 15 in attendance. It was a great learning experience for our Chapter members to tour an HD lab and learn about Dr. Harding's work. Thank you so much for the amazing tour!

UPCOMING EVENTS

TORONTO COMEDY NIGHT - POSTPONED, STAY TUNED FOR NEW DATE.

TORONTO RUN - Sept. 26, 2020

Check out www.huntingtonsociety.ca/events for updates!

MEETINGS

Caregiver Support Group- Please contact Rozi if interested.

Join us for conference call **Chapter meetings**. The details are as follows:

Pragmatic Toll-Free: 855-392-2520

Toronto: 647-260-3077 Access Code: 7356960

For more information contact info@hdtoronto.org.

London Chapter and Area

COMMUNITY NEWS

In February, we had a successful concert. Thank you to the Hart House Orchestra for their amazing performance!

UPCOMING EVENTS

EXETER HIKE – POSTPONED, STAY TUNED FOR NEW DATE

Check out <u>p2p.onecause.com/exeterhike</u> or <u>www.huntingtonsociety.ca/events</u> for updates!

MEETINGS

Meetings take place on the third Wednesday of the month at Parkwood Hospital in the day use area. Parking is \$5.00 payable upon entry. If you have any ideas on speakers or topics you would like to see discussed, contact Paul McConomy.



HSC RESOURCE CENTRES

Family Services Program available at HSC Resource Centres includes:

- Information on HD and strategies for care
- Connecting families with community services/resources through referral and advocacy
- Educational sessions to community groups and healthcare professionals

East Central Ontario

Ms. Marilyn Mitchell, BSW, RSW Resource Centre Director Ph: 905-426-4333 Toll-Free: 1-855-426-4333 mmitchell@huntingtonsociety.ca

Monthly support groups are held in two locations in East Central Ontario

Huntington Support Group - Peterborough Third Wednesday of each month, September to June (no meeting in December, July or August) from 6:30 p.m. - 8:30 p.m.

Huntington Support Group - Durham

Fourth Wednesday of each month, September to June (no meeting in December, July or August) from 7:00 p.m. - 9:00 p.m. Please contact Marilyn Mitchell for further information.

Eastern Ontario

Mr. Paul Klodniski, M. ED., RP Resource Centre Director Toll-Free: 1-866-536-4934 613- 233-5838 pklodniski@huntingtonsociety.ca

Kingston/Belleville Area

Ms. Sherrie McKegney, MSW, RSW Family Services Worker 613-548-7153 smckegney@huntingtonsociety.ca

Northern Ontario

(inclusive of Barrie/Orillia Area)

Ms. Sarah Gauthier, MACP, RP Resource Centre Director Toll-Free: 1-855-522-5319 705-522-5319

/05-522-5319

sgauthier@huntingtonsociety.ca

ONTARIO NEWS

Windsor/Essex Chapter

COMMUNITY NEWS

We are always looking for volunteers and new ideas to strengthen our Chapter! If you would like to get involved contact events@huntingtonsociety.ca.

MEETINGS

Windsor/Essex Chapter Meetings are held monthly except in July and August. Meetings start at 7:00 p.m. For more information, please contact Paul Bateman at pjb8man@hotmail.com.

Peterborough Chapter

COMMUNITY NEWS

If you wish to learn more about the Chapter or get involved, contact us at ptbohd@gmail.com or follow us on Facebook at www.facebook.com/hdptbo.

UPCOMING EVENTS

PETERBOROUGH DANCE AND DINNER – POSTPONED, STAY TUNED FOR NEW DATE

THANKSGOLFING GOLF TOURNAMENT - POSTPONED, STAY TUNED FOR NEW DATE

Check out www.huntingtonsociety.ca/events for updates!

MEETINGS

The Chapter meets the second Thursday of the month. See our Facebook page for more information (www.facebook.com/hdptbo) or contact ptbohd@gmail.com to get on the email distribution list.

Durham Region Chapter

COMMUNITY NEWS

The Durham Chapter has various events and activities during the year. If you would like to know more about us or become part of the Chapter please contact durhamregionhd@gmail.com.

UPCOMING EVENTS

DURHAM WALK TO CURE HD – Sept. 27, 2020

Our 7th Annual Walk to Cure HD is at is Bow Memorial Park in Bowmanville ON. BBQ, silent auction, face painting, bouncy castle and more!

For more info contact <u>durhamregionhd@gmail.com</u> or visit <u>p2p.onecause.com/durhamwalk</u>.

MEETINGS

Chapter meetings are held on the third Wednesday of each month from 7:00 p.m. – 9:00 p.m. at the Real Canadian Superstore, 200 Taunton Rd. W, Whitby, ON. For more information, please call 905-410-0451 or email durhamregionhd@gmail.com.



HSC RESOURCE CENTRES

Southwestern Ontario (inclusive of Guelph, Cambridge, Kitchener/ Waterloo)

Mr. Graeme Wood, BSW, MPH, RSW Resource Centre Director Toll-Free: 1-855-660-0670 519-660-0670 gwood@huntingtonsociety.ca

Toronto and Area

Ms. Rozalia (Rozi) Andrejas, MSW, RSW Resource Centre Director Toll-Free: 1-877-573-7011 905-787-1645 randrejas@huntingtonsociety.ca

Halton/Peel Area

This position is currently in transition. In the meantime, please contact the National Director of Family Services at 1-800-998-7398, ext. 132.

West Central Ontario

Staff is currently on extended leave. In the meantime, please contact the National Director of Family Services at 1-800-998-7398, ext. 132.

Windsor Area

Ms. Gioia Levesque, MSW, RSW Family Services Worker 519-979-3211 glevesque@huntingtonsociety.ca

ONTARIO NEWS

Ottawa Chapter

COMMUNITY NEWS

The Ottawa Chapter had another very successful Amaryllis campaign to close out 2019, with over 1500 amaryllis bulbs brightening the homes of our supporters with holiday blossoms. That is a 30 per cent increase over 2018, raising over \$23,000 for HSC.

We are always seeking volunteers to help plan and execute fun and interesting events. Find us on Facebook to see how you can get involved. www.facebook.com/HSCOttawa/

UPCOMING EVENTS

RACE FOR A CURE - POSTPONED, STAY TUNED FOR NEW DATE

HUNTING FOR A CURE POKER NIGHT – Sept. 26, 2020

A Casino Night sponsored by Brownlee Construction in Support of the Huntington Society of Canada will be held at the Canadian Golf and Country Club. Tickets will be \$75.00 per person. Cash bar, appetizers and music are features of the evening. See the Ottawa Chapter Facebook page for further details.

Check out <u>www.huntingtonsociety.ca/events</u> for updates on all upcoming events!

Simcoe/Muskoka Area

COMMUNITY NEWS

If you wish to learn more about the Barrie Chapter or get involved, contact us at stevenmbeatty@gmail.com.

Grand River Chapter

COMMUNITY NEWS

We have a new social worker for our area. Graeme Wood is from the Southwestern Ontario Resource Centre in London, ON. His contact info is in this newsletter. He is replacing Maike Zinabou, who is on extended medical leave. We held our election for the new executive on Feb. 12. Christine Andrews was nominated as co-president, Deb Kinzie-Maidment was nominated as secretary and Pam de Beus will continue on as treasurer. We are hoping for more volunteers to fill the positions of: a second co-president, social co-ordinator (to help us organize more social/support gettogethers) and a membership co-ordinator to help increase our active membership.

UPCOMING EVENTS

PINS AND PIZZA - POTENTIALLY CANCELLED.

GRAND RIVER FOUNDERS WALK – Sept. 19, 2020

Check out www.huntingtonsociety.ca/events for updates!



HD RESOURCES

Clinical Trials

Participation in a clinical trial is a personal choice. Clinical trials can help advance medical research. HSC encourages those interested to connect with their Resource Centre Director to discuss possible impacts of participating. For locations and contact person, visit: huntingtonsociety.ca/clinical-trial-locations

HDBuzz.net

HD research news. In plain language. Written by scientists for the global HD community. Stay up to date with the latest research news about HD from around the world! Visit:

www.en.hdbuzz.net for more information.

HD Fact Sheets

Fact sheets on a variety of topics relating to HD including communication, clinical trials and behaviour are available on our website at www.hdfactsheets.ca.

GET INVOLVED

TeamHD

Join the team of people involved in planning and participating in HSC events across the country.

Follow us on Facebook at facebook.com/hschappenings.

For more information on how to get involved in events, go to www.teamHD.ca or contact the HSC Events Team at 1-800-998-7398, ext. 138 or events@huntingtonsociety.ca.

Volunteer

Our strongest asset is our dedicated volunteers. To learn more about how you can get involved and to fill out an application, visit: www.huntingtonsociety.ca/volunteer.

ONTARIO NEWS

Niagara Chapter

COMMUNITY NEWS

The Niagara Chapter held its 4th Annual HD Concert and Silent Auction on Feb. 29, 2020 featuring Christee Palace instead of Eli & The Strawman. The attendance was down but was still a great success. If you want to volunteer for any event or perhaps just want to learn more about the Niagara Chapter, please contact Gail DeKoning or John Stainsby.

UPCOMING EVENTS

GOLFAPOLOOZA CLASSIC FOR HD - POSTPONED, STAY TUNED FOR NEW DATE

Check out <u>www.huntingtonsociety.ca/events</u> for updated information.

If you are interested in learning more about our fundraising efforts or just about our Niagara Chapter, please contact Gail DeKoning at gaildekoning@gmail.com or John Stainsby at stainsbyjohn@gmail.com.

Kingston/Belleville Area

MEETINGS

A support group is offered the fourth Wednesday of the month. There is a Care-Partner Support Group and a drop-in offered. Please contact Sherrie McKegney for more information.

Northern Ontario Chapter (Timmins, Sudbury, Thunder Bay)

UPCOMING EVENTS

TIMMINS BOWL FOR A CURE - POSTPONED, STAY TUNED FOR NEW DATE

Check out www.huntingtonsociety.ca/events.

MEETINGS

If you would like to be involved and attend Sudbury Chapter meetings, email, call or text Lauri for more details at 705-618-1082. All are welcome!

Sarnia Chapter

COMMUNITY NEWS

We had a great time at the Annual Sarnia Pot O'Bowl event in March! It was great to celebrate St. Patrick's Day by raising awareness for HD! During May (HD Awareness Month), we plan to join in on the #LightltUp4HD event by selling blue light bulbs and having people keep them up until the end of May. National office reports that plans for #LightltUp4HD this year have been significantly affected by the COVID-19 pandemic, so there are likely to be less sites participating nationally. Residential participation (porch lights, posters and sidewalk art) are encouraged.

We are looking for anyone who is interested to join our Chapter and/or be a volunteer at our upcoming events. If you have questions, please contact Lori or Celine.



CALLING ALL YOUTH

Young People Affected by HD

YPAHD helps youth think about and discuss things like genetic testing, family life, and dating with HD, and supports them in their struggles of being affected by the disease.

Visit <u>www.ypahd.ca</u> for more information or follow

them on social media... Facebook: /YPAHD Instagram: @YPAHDFeed Twitter: @YPAby_HD

Youth Mentorship Program

The HSC Mentorship Program is designed to support young people across Canada facing the everyday challenges of growing up in a family affected by Huntington disease.

Visit

www.huntingtonsociety.ca/learn-about-hd/youth/ youth-mentorship-program/ for more information.

STAY CONNECTED

Sign up for our Newsletters

Are you interested in finding out about the latest research news from around the world, or what is happening in your local HD community, or tips for caring for a person with HD?

The Huntington Society of Canada is committed to providing you with the most up-to-date information on your topics of interest.

For more information on our three newsletters and to sign up to receive them directly to your inbox on release date, visit www.huntingtonsociety.ca/newsletters.

Social Media

You can find us on...

Facebook: /HuntingtonSC

Twitter: @HuntingtonSC

Instagram: @HuntingtonSocietyCanada

Youtube: /HuntSocCanada

ONTARIO NEWS

Sarnia Chapter Continued

MEETINGS

If you are interested in attending a meeting, please contact Celine for more information. Meetings are typically held on a Sunday every month or two, depending what we have going on.

Young People Affected by HD (YPAHD) Chapter

YPAHD helps youth think about and discuss issues such as genetic testing, family life, and dating with HD, and supports them in their struggles of being affected by the disease. This group gives young people someone with whom they can relate, talk to, and lean on. This support system can be incredibly important during this stage in life and beyond.

MEETINGS

YPAHD is a virtual chapter that meets monthly via telephone. YPAHD conference calls are typically scheduled during the evening of the second Sunday of each month but this schedule is subject to change. Check social media or contact ypahd@huntingtonsociety.ca for more information.