# ALBERTA COMMUNITY NEWSLETTER SPRING 2020



# **CHAPTER INFORMATION**

### **Southern Alberta Chapter**

President: Heather Dodds hdcalgary@gmail.com www.facebook.com/SouthernAlbertaHD

### **Edmonton Chapter**

President: Greg Taylor taylorg1@telusplanet.net

### **Camrose Chapter**

President: Arnold Foss fossman@telusplanet.net

### **Peace Country Chapter**

President: Mack Erno mack@jadecash.com

### **NEW! Yukon Area**

Representative: Annette Sinclair 867-634-2888 annettepatriley@gmail.com

### **HSC National Office:**

20 Erb St. W., Suite 801, Waterloo, ON N2L 1T2 1-800-998-7398

info@huntingtonsociety.ca

# **HSC RESOURCE CENTRES**

# Family Services Program available at HSC Resource Centres includes:

- Information on HD and strategies for care
- Connecting families with community services/resources through referral and advocacy
- Educational sessions to community groups and healthcare professionals

### **Northern Alberta Resource Centre**

Bernie Modrovsky, BSW, RSW Resource Centre Director Edmonton, AB

Tel: 780-434-3229 • Toll-Free: 1-855-554-9484

bmodrovsky@huntingtonsociety.ca Available 3 1/2 days per week

### **Southern Alberta Resource Centre**

Shelley Thiele, MSW, RSW, Resource Centre Director Calgary, AB

Tel: 403-532-0609 • Toll free: 1-844-532-0609 sthiele@huntingtonsociety.ca

# **ALBERTA NEWS**

### **Province-Wide Events**

RaceHD is our national running group which runs, walks or rolls in races across the country to raise money for Huntington disease. If you would like more information about the races and how to register, visit <u>p2p.onecause.com/racehd</u>. If you have found a race near you that is not listed, contact us at <u>events@huntingtonsociety.ca</u>.

# **Southern Alberta Chapter**

### **COMMUNITY NEWS**

We held our Annual potluck in February - biggest yet! Lots of good food, friendly competition with "Name that Tune" and bingo. At the end of February, our Paint Night in the Afternoon sold out in two weeks. It was a fantastic afternoon with an instructional painting session, a silent auction, and wine bar. We raised approximately \$2645!! It was a huge success and lots of fun. Cindy Rainsford has accepted the treasurer position! Cindy's mother was a founding member of the Southern Alberta Chapter. Thank you Cindy - we all look forward to working with you. Tanya Dixon will be working with Cindy to get her up to speed in this role. Thank you Tanya for your ongoing support!

### **UPCOMING EVENTS**

**SOUTHERN ALBERTA HOPE RUN** – POSTPONED, STAY TUNED FOR NEW DATE Check out <u>p2p.onecause.com/hoperun</u> or <u>www.facebook.com/SouthernAlbertaHD/</u> for information on the Run.

#### **MEETINGS**

The **Client/Social Group** meets on the 3<sup>rd</sup> Thursday of each month from 1:00 p.m. - 3:00 p.m. The venue varies, although most often is in the Crossroads Community Church in NE Calgary. The **Partner/Caregiver Support Group** meets on the 2<sup>nd</sup> Tuesday of each month (September to May) from 11:00 a.m. – 1:00 p.m. at venues in the NE and SW. If interested in either group, please contact Shelley for more information at sthiele@huntingtonsociety.ca.

# **Edmonton Chapter**

### **UPCOMING EVENTS**

**EDMONTON WALK** – POSTPONED, STAY TUNED FOR NEW DATE

Check out <u>p2p.onecause.com/edmontonwalk</u> for updates. Follow us on Facebook for updates on upcoming events and activities at <u>www.facebook.com/HSCYEG/</u>.

### **MEETINGS**

Edmonton Chapter meetings are the first Tuesday of the month from 7:00 p.m. – 9:00 p.m. Contact Greg for more information at <a href="mailto:taylorg1@telusplanet.net">taylorg1@telusplanet.net</a>.

**Caregivers Meeting** - Second Tuesday of the month at 7:00 p.m. from September to June. Please contact Bernadette/Bernie for more information.

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### **HD RESOURCES**

### **Clinical Trials**

Participating in a clinical trial is a personal choice. Clinical trials can help advance medical research.

HSC encourages those interested to connect with their Resource Centre Director to discuss possible impacts of participating.

For locations and contact person, visit: <a href="https://www.huntingtonsociety.ca/clinical-trial-locations">www.huntingtonsociety.ca/clinical-trial-locations</a>

### HDBuzz.net

HD research news. In plain language. Written by scientists for the global HD community.

Stay up to date with the latest research news about HD from around the world! Visit www.en.hdbuzz.net for more information.

### **HD Fact Sheets**

Fact sheets on a variety of topics relating to HD including communication, clinical trials and behaviour are available on our website at www.hdfactsheets.ca.

# **GET INVOLVED**

### **TeamHD**

Join the team of people involved in planning and participating in HSC events across the country.

Follow us on Facebook at facebook.com/HSChappenings

For more information on how to get involved in events, go to <a href="www.teamHD.ca">www.teamHD.ca</a> or contact the HSC Events Team at 1-800-998-7398, ext. 138 or <a href="mailto:events@huntingtonsociety.ca">events@huntingtonsociety.ca</a>.

### Volunteer

Our strongest asset is our dedicated volunteers. To learn more about how you can get involved and to fill out an application, visit <a href="https://www.huntingtonsociety.ca/volunteer">www.huntingtonsociety.ca/volunteer</a>.

# **ALBERTA NEWS**

# **Camrose Chapter**

### **UPCOMING EVENTS**

**CAMROSE GOLF** – POSTPONED, STAY TUNED FOR NEW DATE

Check out www.huntingtonsociety.ca/events for updates.

### **MEETINGS**

Follow us on Facebook and Twitter (<a href="mailto:@hscamrosechapt">@hscamrosechapt</a>) or visit our website (<a href="mailto:www.hscamrose.ca">www.hscamrose.ca</a>) for meeting dates and Chapter information. We are always looking for new volunteers and ideas!

# **Peace Country Chapter**

### **COMMUNITY NEWS**

If you are interested in our Chapter or in attending a meeting, contact Mack at 780-897-8048 or <a href="mack@jadecash.com">mack@jadecash.com</a> or visit our website for more details and updates at <a href="https://www.peacecountryhd.ca">www.peacecountryhd.ca</a>.

### **UPCOMING EVENTS**

### **HD RIDE 4 A CURE**

August 29, 2020 Weekend

Teepee Creek, AB (Near Grande Prairie, AB)

Canada's largest HD Fundraiser! Prizes for top pledge raisers and NEW this year is an additional 3<sup>rd</sup> category - Junior, Youth and Adult prizes. First place is a brand new HD Ride saddle! There are many ways to get involved. Volunteers always welcome. Contact Mack at <a href="mack@jadecash.com">mack@jadecash.com</a> to find out more! Go to www.peacecountryhd.ca for more info.

### **MEETINGS**

If you would like to get on the email list for the Peace Country Chapter, just email Mack Erno at <a href="mack@jadecash.com">mack@jadecash.com</a>. Once subscribed, you will get our notifications for chapter meetings and activities. We are always looking for new Chapter members!

# Young People Affected by HD (YPAHD) Chapter

YPAHD helps youth think about and discuss issues such as genetic testing, family life and dating with HD, and supports them in their struggles of being affected by the disease. This group gives young people someone with whom they can relate, talk to, and lean on. This support system can be incredibly important during this stage in life and beyond.

#### **MEETINGS**

YPAHD is a virtual chapter that meets monthly via telephone. YPAHD conference calls are typically scheduled during the evening of the second Sunday of each month but this schedule is subject to change. Check social media or contact <a href="mailto:ypahd@huntingtonsociety.ca">ypahd@huntingtonsociety.ca</a> for more information.