# SASKATCHEWAN COMMUNITY NEWSLETTER WINTER 2020



# **CHAPTER INFORMATION**

## Saskatchewan Chapter

President: June Nichol junenichole43@gmail.com

## **HSC National Office:**

20 Erb St. W, Suite 801 Waterloo, ON N2L 1T2 1-800-998-7398 info@huntingtonsociety.ca

# **HSC RESOURCE CENTRES**

Family Services Program available at HSC Resource Centres includes:

- Information on HD and strategies for care
- Connecting families with community services/resources through referral and advocacy
- Educational sessions to community groups and healthcare professionals

# Saskatchewan (Saskatoon)

Erin Stephen, BSW, RSW Resource Centre Director 306-979-9111 Toll free: 1-855-253-0215

estephen@huntingtonsociety.ca

# The HSC Saskatchewan Resource

**Centre (SKRC)** is located in Saskatoon, SK and offers the HSC Family Services Program. Erin Stephen, RSW, is available Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:30 p.m.

# **HD RESOURCES**

#### **Clinical Trials**

Participating in a clinical trial is a personal choice. Clinical trials can help advance medical research.

HSC encourages those interested to connect with their Resource Centre Director to discuss possible impacts of participating.

For locations and contact person, visit: <a href="https://www.huntingtonsociety.ca/clinical-trial-locations">www.huntingtonsociety.ca/clinical-trial-locations</a>

# HDBuzz.net

HD research news. In plain language. Written by scientists for the global HD community. Stay up to date with the latest research news about HD from around the world! Visit <a href="https://www.en.hdbuzz.net">www.en.hdbuzz.net</a> for more information.

# **HD Fact Sheets**

Fact sheets on a variety of topics relating to HD including communication, clinical trials and behaviour are available on our website at <a href="https://www.hdfactsheets.ca">www.hdfactsheets.ca</a>.

# **SASKATCHEWAN NEWS**

# **Province-Wide Events**

RaceHD is our national running group that runs, walks or rolls in races across the country to raise money for Huntington disease. If you would like more information about the races and how to register, visit <u>p2p.onecause.com/raceHD</u>. If you have found a race near you that is not listed, contact us at events@huntingtonsociety.ca.

# Saskatchewan Chapter

## **COMMUNITY NEWS**

The Saskatoon Chapter has decided to merge with the rest of the Saskatchewan area to become the Saskatchewan Chapter. We did this so that everyone who is participating across the province are better included and acknowledged. Thank you to everyone who attended our Community Education Forum and Holiday Celebration on November 19. We certainly have hearts full of hope after learning about the most recent news in trials and research. Thank you everyone for making this another great year, we cannot wait to see what we are able to accomplish as a group in 2020!

## **UPCOMING EVENTS**

We are planning an exciting event for both Saskatoon and Regina in the New Year. We are thrilled to be bringing Jimmy Pollard to Saskatchewan! More details to come. Like our Facebook page for updates and information on events. www.facebook.com/HuntingtonSocietyOfCanadaSaskatoon

#### **MEETINGS**

Chapter meetings are held on the second Tuesday of the month (October - December and March - June). The next meetings will be March 10, April 7, May 12 and June 9, 2020. Meetings begin at 7:00 p.m. at the Edwards Centre, 333 4th Ave. N, Saskatoon, SK. For those wishing to participate from across the province, please contact Erin Stephen for the conference call number.

# Young People Affected by HD (YPAHD) Chapter

YPAHD helps youth think about and discuss issues such as genetic testing, family life, and dating with HD, and supports them in their struggles of being affected by the disease. This group gives young people someone with whom they can relate, talk to, and lean on. This support system can be incredibly important during this stage in life and beyond.

#### **MEETINGS**

YPAHD is a virtual chapter that meets monthly via telephone. YPAHD conference calls are typically scheduled during the evening of the second Sunday of each month but this schedule is subject to change. Check social media or contact us at <a href="mailto:ypahd@huntingtonsociety.ca">ypahd@huntingtonsociety.ca</a> for more information.

# **GET INVOLVED**

## TeamHD

Join the team of people that are involved in planning and participating in HSC events across the country. Follow us on Facebook at <a href="https://www.facebook.com/hschappenings">www.facebook.com/hschappenings</a>.

For more information on how to get involved in events, go to <u>www.teamHD.ca</u> or contact the HSC Events Team at 1-800-998-7398, ext. 138 or events@huntingtonsociety.ca.

#### Volunteer

Our strongest asset is our dedicated volunteers. To learn more about how you can get involved and to fill out an application, visit <a href="https://www.huntingtonsociety.ca/volunteer">www.huntingtonsociety.ca/volunteer</a>.