MANITOBA COMMUNITY NEWSLETTER WINTER 2020



CHAPTER INFORMATION

Manitoba Chapter

President: Vern Barrett info@hdmanitoba.ca

HSC National Office

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info@huntingtonsociety.ca

HSC RESOURCE CENTRES

Family Services Program available at HSC Resource Centres includes:

- Information on HD and strategies for care
- Connecting families with community services/resources through referral and advocacy
- Educational sessions to community groups and healthcare professionals

Manitoba Resource Centre

200 Woodlawn St., Winnipeg, MB Marla Buchholz, BSW, RSW ● Resource Centre Director 204-772-4617 <u>mbuchholz@huntingtonsociety.ca</u>

Support group meeting for caregivers - Saturday, January 25, 2020 at 10:30 a.m., 825 Sherbrook St., Winnipeg, MB. Please call Marla to RSVP. Our support group is open to all those impacted by HD. Please contact Marla for more information.

HD RESOURCES

Clinical Trials

Participating in a clinical trial is a personal choice. Clinical trials can help advance medical research.

HSC encourages those interested to connect with their Resource Centre Director to discuss possible impacts of participating.

For locations and contact person, visit: www.huntingtonsociety.ca/clinical-trial-locations

HDBuzz.net

HD research news. In plain language. Written by scientists for the global HD community. Stay up to date with the latest research news about HD from around the world! Visit www.en.hdbuzz.net for more information.

HD Fact Sheets

Fact sheets on a variety of topics relating to HD including communication, clinical trials and behaviour are available on our website at www.hdfactsheets.ca.

MANITOBA NEWS

Province-Wide Events

RaceHD is our national running group that runs, walks or rolls in races across the country to raise money for Huntington disease. If you would like more information about the races and how to register, visit <u>p2p.onecause.com/raceHD</u>. If you have found a race near you that is not listed, contact us at <u>events@huntingtonsociety.ca</u>.

Manitoba Chapter

COMMUNITY NEWS

We had an awesome 24th Annual Winnipeg Huntington Indy Go-Kart Challenge in September. Over 200 attended and raised over \$20,000. Thanks so much to all the volunteers, teams and sponsors. An extra thank you to Dave Thompson at Smitty's (Pembina and Grant) for his amazing support! We held two Community Education Forums this year in Winnipeg, MB and Brandon, MB, both with a solid turnout and lots of information shared. Special thanks to Dr. Udow for his Q&A session at the Winnipeg Event. We had a great year for Amaryllis sales and were able to sell 70 cases! Thanks to all our sellers, great job! Our annual holiday party was a wonderful celebration of community. Special thanks to our youth who served the delicious food, assisted in activities and shared their recent YPAHD experiences. The room was full of support, connection and laughter.

UPCOMING EVENTS

HD500

February 21-22, 2020 - Lockport to Bird Lake and return. Contact Brett at 204-485-0010 for more information.

BIG DADDY TAZZ AND FRIENDS COMEDY NIGHT

January 24, 2020 - Contact Marla for tickets.

MEETINGS

Manitoba Chapter Meetings take place six times a year at the Society for Manitobans with Disabilities, 825 Sherbrook Street, Winnipeg, MB. Please contact Vern Barrett at vbarrett@mts.net or call 204-694-1779 to find out when the next meeting will occur. All are welcome!

Young People Affected by HD (YPAHD) Chapter

YPAHD helps youth think about and discuss issues such as genetic testing, family life, and dating with HD, and supports them in their struggles of being affected by the disease. This group gives young people someone with whom they can relate, talk to, and lean on. This support system can be incredibly important during this stage in life and beyond.

MEETINGS

YPAHD is a virtual chapter that meets monthly via telephone. YPAHD conference calls are typically scheduled during the evening of the second Sunday of each month but this schedule is subject to change. Check social media or contact ypahd@huntingtonsociety.ca for more information.

GET INVOLVED

TeamHD - Join the team of people that are involved in planning and participating in HSC events across the country. Follow us on Facebook at www.facebook.com/hschappenings. For more information on how to get involved in events, go to www.teamHD.ca or contact the HSC Events Team at 1-800-998-7398, ext. 138, or events@huntingtonsociety.ca.

Volunteer - Our strongest asset is our dedicated volunteers. To learn more about how you can get involved and to fill out an application, visit <u>www.huntingtonsociety.ca/volunteer</u>.