# ALBERTA COMMUNITY NEWSLETTER WINTER 2020



# **CHAPTER INFORMATION**

#### **Southern Alberta Chapter**

President: Heather Dodds hdcalgary@gmail.com www.facebook.com/SouthernAlbertaHD

#### **Edmonton Chapter**

President: Greg Taylor taylorg1@telusplanet.net

#### **Camrose Chapter**

President: Arnold Foss fossman@telusplanet.net

#### **Peace Country Chapter**

President: Mack Erno mack@jadecash.com

#### **NEW! Yukon Area**

Representative: Annette Sinclair 867-634-2888 annettepatriley@gmail.com

#### **HSC National Office:**

20 Erb St. W., Suite 801, Waterloo, ON N2L 1T2 1-800-998-7398

info@huntingtonsociety.ca

# **HSC RESOURCE CENTRES**

# Family Services Program available at HSC Resource Centres includes:

- Information on HD and strategies for care
- Connecting families with community services/resources through referral and advocacy
- Educational sessions to community groups and healthcare professionals

#### **Northern Alberta Resource Centre**

Bernie Modrovsky, BSW, RSW Resource Centre Director Edmonton, AB

Tel: 780-434-3229 • Toll free: 1-855-554-9484

<u>bmodrovsky@huntingtonsociety.ca</u> *Available 3 1/2 days per week* 

#### **Southern Alberta Resource Centre**

Shelley Thiele, MSW, RSW, Resource Centre Director Calgary, AB

Tel: 403-532-0609 • Toll free: 1-844-532-0609

sthiele@huntingtonsociety.ca

# **ALBERTA NEWS**

#### **Province-Wide Events**

RaceHD is our national running group that runs, walks or rolls in races across the country to raise money for Huntington disease. If you would like more information about the races and how to register, visit <u>p2p.onecause.com/raceHD</u>. If you have found a race near you that is not listed, contact us at <u>events@huntingtonsociety.ca</u>.

# **Southern Alberta Chapter**

#### **COMMUNITY NEWS**

We had an exciting winter this year! Our Chapter has a new Treasurer, Cindy Rainsford, whose mother was a founding member of the Southern Alberta Chapter. Welcome Cindy! Our Community Education Forum was a huge success with over 40 people in attendance. Thank you to our guests Mary Ann, Linda MacLaren and Dr. Sarna! This winter, we sold 117 Amaryllis for the Amaryllis campaign. We also had several community members participate in the Government of Canada Charitable Workplace Campaign by participating in health fairs with HealthPartners and giving presentations to different government departments. Finally, we were able to bring people together from across Alberta for the Tools for Resilience event in September to build connections, share stories, information, and increase public awareness about HD. Thanks for an amazing year!

#### **UPCOMING EVENTS**

#### **PAINT NIGHT - SAVE THE DATE**

February/March 2020 (exact date TBD)

#### **MEETINGS**

The **Client/Social Group** meets on the third Thursday of each month from 1:00 p.m. - 3:00 p.m. The venue varies, although most often is in the Crossroads Community Church in NE Calgary. The **Partner/Caregiver Support Group** meets on the second Tuesday of each month (September - May) from 11:00 a.m. - 1:00 p.m. at venues in the NE and SW. If interested in either group, please contact Shelley for more information at <a href="mailto:sthiele@huntingtonsociety.ca">sthiele@huntingtonsociety.ca</a>.

There will be an **executive/community** meeting in early March. Contact Heather for more details at <a href="https://doi.org/10.1001/journal.com">https://doi.org/10.1001/journal.com</a>.

# **Edmonton Chapter**

#### **COMMUNITY NEWS**

We met in Red Deer, AB with province-wide participation for our Tools for Resilience event in September. We discussed services and future planning, and also heard an inspiring message from Kim Anderson, a gene positive paratriathlete and world championship medal winner. We also "shopped 'til we dropped" at Frock Box where 20 per cent of retail sales was donated back to HSC! Our annual Christmas gathering had great attendance - we were graced with an intimate live band playing carols while everyone enjoyed great food and fellowship! It was a lovely way to end the year and look back at a successful 2019.

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### **HD RESOURCES**

#### **Clinical Trials**

Participating in a clinical trial is a personal choice. Clinical trials can help advance medical research.

HSC encourages those interested to connect with their Resource Centre Director to discuss possible impacts of participating.

For locations and contact person, visit: <a href="https://www.huntingtonsociety.ca/clinical-trial-locations">www.huntingtonsociety.ca/clinical-trial-locations</a>

#### HDBuzz.net

HD research news. In plain language. Written by scientists for the global HD community.

Fact sheets on a variety of topics relating to HD including communication, clinical trials and behaviour are available on our website at www.hdfactsheets.ca.

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# **ALBERTA NEWS**

# **Edmonton Chapter Continued**

#### **UPCOMING EVENTS**

Social/game/craft events every other month - 10:30 a.m. - 12:30 p.m. If interested please contact Bernie for dates at <a href="mailto:bmodrovsky@huntingtonsociety.ca">bmodrovsky@huntingtonsociety.ca</a>.

Follow us on Facebook for upcoming events and activities at www.facebook.com/HSCYEG/.

#### **MEETINGS**

Edmonton **Chapter meetings** are the first Tuesday of the month from 7:00 p.m. – 9:00 p.m.

**Caregivers Meeting** - Once a month from September to June. Please contact Bernie for more information at <a href="mailto:bmodrovsky@huntingtonsociety.ca">bmodrovsky@huntingtonsociety.ca</a>. Location for the social/craft and caregiver meetings: 11209 – 86 Street, Buchanan Centre, Edmonton, AB.

### **Camrose Chapter**

#### **COMMUNITY NEWS**

We had a great winter and were able to sell over 40 cases of Amaryllis this year. Thank you to everyone for the support!

#### **MEETINGS**

Follow us on Facebook and Twitter <a href="mailto:@hscamrosechapt">@hscamrosechapt</a> or visit our website <a href="mailto:www.hdcamrose.ca">www.hdcamrose.ca</a>. for meeting dates and Chapter information. We are always looking for new volunteers and ideas!

# **Peace County Chapter**

#### **UPCOMING EVENTS**

#### **HD RIDE 4 A CURE**

August 29, 2020 Weekend

Teepee Creek, AB (Near Grande Prairie, AB)

Canada's largest HD Fundraiser! Prizes for top pledge raisers and NEW this year is an additional 3rd category - Junior, Youth and Adult prizes - first place is a brand new HD Ride saddle! Many ways to get involved. Volunteers always welcome. Contact Mack at <a href="mack@jadecash.com">mack@jadecash.com</a> to find out more! Go to <a href="mack@jadecash.com">mww.peacecountryhd.ca</a> for more info.

#### **MEETINGS**

If you would like to get on the email list for the Peace Country Chapter, just email Mack. Once subscribed, you will get our notifications for chapter meetings and activities. We are always looking for new chapter members!

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# **GET INVOLVED**

#### **TeamHD**

Join the team of people that are involved in planning and participating in HSC events across the country.

Follow us on Facebook at facebook.com/HSChappenings

For more information on how to get involved in events, go to <a href="www.teamHD.ca">www.teamHD.ca</a> or contact the HSC Events Team at 1-800-998-7398, ext. 138 or events@huntingtonsociety.ca.

#### Volunteer

Our strongest asset is our dedicated volunteers. To learn more about how you can get involved and to fill out an application, visit <a href="https://www.huntingtonsociety.ca/volunteer">www.huntingtonsociety.ca/volunteer</a>.

### **ALBERTA NEWS**

# Young People Affected by HD (YPAHD) Chapter

YPAHD helps youth think about and discuss issues such as genetic testing, family life and dating with HD, and supports them in their struggles of being affected by the disease. This group gives young people someone with whom they can relate, talk to, and lean on. This support system can be incredibly important during this stage in life and beyond.

#### **MEETINGS**

YPAHD is a virtual chapter that meets monthly via telephone. YPAHD conference calls are typically scheduled during the evening of the second Sunday of each month but this schedule is subject to change. Check social media or contact <a href="mailto:ypahd@huntingtonsociety.ca">ypahd@huntingtonsociety.ca</a> for more information.