

CHAPTER INFORMATION

Barrie/Muskoka Area **Representative: Steven Beatty** stevenmbeatty@gmail.com

Belleville Area Representative: Judy Harding judyharding@cogeco.ca

Durham Chapter President: Bunny Clark durhamregionhd@gmail.com

Essex Chapter President: Paul Bateman pjb8man@hotmail.com

Grand River Chapter hdgrandriver@gmail.com

London Chapter President: Paul McConomy hd.londonchapter@gmail.com

Niagara Chapter President: John Stainsby stainsbyjohn@gmail.com

Ottawa Chapter President: Sharon Haig sharon.haig@sympatico.ca

Peterborough Chapter President: Heath Sterling ptbohd@gmail.com

Sarnia Area **Representative: Celine Payne** celineangele@hotmail.ca

Sudbury Chapter President: Lauri Miller hd.sudbury@live.ca

Thunder Bay Area Representative: James Fletcher Ynkefn1@yahoo.com

Timmins Area Representative: Lynn Walker lynn.walker@timmins.ca

Toronto Chapter President: Natalie Marnica info@hdtoronto.org

HSC National Office IS MOVING IN OCTOBER! New address: 20 Erb St. W, Suite 801, Waterloo, ON N2L 1T2 1-800-998-7398 info@huntingtonsociety.ca

ONTARIO NEWS

Province-Wide Events

Holiday Hustle: The Holiday Hustle is a great way to stay active and involved during the Winter season! Check out our website for a race near you, and start fundraising for some amazing prizes: www.hscevents.ca/HolidayHustle. If you've found a race near you that is not listed, contact us at events@huntingtonsociety.ca.

Toronto Sports Getaway Raffle: The Toronto Sports Getaway Raffle is a great chance to win one of two amazing sports prize packages, including tickets to a game, a two-night stay in Toronto and much more! Starting in November, buy your tickets at www.hscevents.ca/SportsGetawayRaffle. Interested in selling tickets? Contact events@huntingtonsociety.ca.

Toronto Chapter

UPCOMING EVENTS

Toronto Huntington Heroes Run for HD September 22, 2019 Sir Casimir Gzowski Park, Toronto, ON. Registration starts at 7:30 a.m., 5k run at 9:00 a.m. and kids run at 10:00 a.m. For more information or to register, visit www.huntingtonsociety.ca/TORunforHD.

TORONTO COMMUNITY EDUCATION FORUM

October 19, 2019 - 10:00 a.m. to 4:00 p.m. Runnymede Healthcare Centre Enjoy two local presentations by Yvonne Heath and Natalie Marnica. For more information, visit www.huntingtonsociety.ca/CEF.

MEETINGS

Join us for conference call meetings on September 9, October 7 and November 4, 2019. The details are as follows: Pragmatic Toll Free: 855-392-2520 Toronto: 647-260-3077 Access Code: 7356960

London Chapter & Area

COMMUNITY NEWS

Paul McConomy has taken over as Chapter President from Susan after being voted in at the summer Potluck. Welcome Paul! We are looking for more volunteers to properly structure the Chapter. If you are interested in joining, please contact Paul.

UPCOMING EVENTS

LONDON COMMUNITY EDUCATION FORUM

Saturday, October 19 - 10:00 a.m. to 3:00 p.m. Parkwood Hospital Auditorium, London, ON

Parking is \$5 payable upon entry. Enjoy a local presentation from HSC favourite, Jim Pollard. For more information, visit www.huntingtonsociety.ca/CEF, or email Paul McConomy.

MEETINGS

Meetings take place the third Wednesday of the month at Parkwood Hospital in the day use area. Parking is \$5.00 payable upon entry. If you have any ideas on speakers or topics you would like to see discussed, contact Paul McConomy.

info@huntingtonsociety.ca

www.huntingtonsociety.ca



HSC RESOURCE CENTRES

Family Services Program available at HSC Resource Centres includes:

- Information on HD and strategies for care
- Connecting families with community services/resources through referral and advocacy
- Educational sessions to community groups and healthcare professionals

East Central Ontario

Ms. Marilyn Mitchell BSW RSW Resource Centre Director Toll Free: 1-855-426-4333 905-426-4333 <u>mmitchell@huntingtonsociety.ca</u>

Monthly support groups are held in 2 locations in East Central Ontario

Huntington Support Group - Peterborough Third Wednesday of each month, September to June (no meeting in December, July or August) from 6:30 p.m. - 8:30 p.m.

Huntington Support Group - Durham Fourth Wednesday of each month, September to June (no meeting in December, July or August) from 7:00 p.m. - 9:00 p.m. Please contact Marilyn Mitchell for further information.

Eastern Ontario

This position is currently in transition. In the meantime, please contact the Director of Family Services at 1-800-998-7398.

Kingston/Belleville Area

Ms. Sherrie McKegney MSW RSW Family Services Worker 613-548-7153 <u>smckegney@huntingtonsociety.ca</u>

Northern Ontario

(inclusive of Barrie/Orillia Area) Ms. Sarah Gauthier RP Resource Centre Director Toll Free: 1-855-522-5319 705-522-5319 sgauthier@huntingtonsociety.ca

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ONTARIO NEWS

Windsor/Essex Chapter

COMMUNITY NEWS

We had a great Indy Go-Kart Race on September 8! Thank you to everyone who participated and a special thanks to our amazing volunteers! We are currently seeking individuals who are interested in organizing a concert, walk, paint nite, or other fundraising events in the Windsor/Essex area. Contact Paul Bateman if you're interested.

Peterborough Chapter

COMMUNITY NEWS

After postponing the walk due to inclement weather in May, we had a great event on June 29 raising over \$25,000! Thank you to everyone who participated! We are seeking anyone interested in learning about organizing a walk/run event, or who would like to assist with next year's planning. If interested, please contact Leah Ridpath at <u>leah.ridpath@gmail.com</u>. What a great turnout at our CEF on September 7. Thanks to our speakers Dr. Tamara Maiuri, Marilyn Young and Marilyn Mitchell. Check the Peterborough Chapter Facebook page at <u>www.facebook.com/HDPtbo</u>.

UPCOMING EVENTS

PETERBOROUGH GOLF TOURNAMENT

September 28, 2019 Tamarac Golf and Country Club, 155 Ennis Rd., Ennismore, ON. The event will include 12 holes of golf, dinner, live band, prizes and more! For more information, visit <u>www.hscevents.ca/PTBOgolf</u>.

Durham Region Chapter

COMMUNITY NEWS

We had beautiful weather for our 6th Walk to Cure HD in Bowmanville, ON this May. Approximately 250 participants attended this year and we raised over \$22,000! We were pleased with the volunteers who came out to help at the event. We have openings for volunteers to help with events and tasks throughout the year. Please email us at <u>durhamregionhd@gmail.com</u> if you are interested.

UPCOMING EVENTS

DURHAM COMMUNITY EDUCATION FORUM

October 5, 2019 - 10:00 a.m. – 2:00 p.m. Clarington Central Secondary School, 200 Clarington Blvd., Bowmanville, ON. Join us for a local presentation from Yvonne Heath. For more information, visit <u>www.huntingtonsociety.ca/CEF</u>.

SAVE THE DATE Online Auction – The chapter will host an online auction October 4 - 12.

SAVE THE DATE Oshawa Paint Party- Oshawa will host a paint party in October. Date and location TBC.

SAVE THE DATE Car Bash Fundraiser - The car bash fundraiser will be held in September, location TBC.

Updated information on events can be found on our website at <u>www.hddurham.ca</u>.

info@huntingtonsociety.ca

www.huntingtonsociety.ca



HSC RESOURCE CENTRES

Southwestern Ontario

Mr. Graeme Wood, BSW, MPH, RSW Resource Centre Director Toll free: 1-855-660-0670 519-660-0670 gwood@huntingtonsociety.ca

Toronto & Area Ms Rozalia (Rozi) Andrejas MSW RSW Resource Centre Director Toll free: 1-877-573-7011 905-787-1645 randrejas@huntingtonsociety.ca

Halton/Peel Area

Ms. Ekta Hattangady, MSW RSW Resource Centre Director Toll free: 1-833-584-3472 289-521-2090 <u>ehattangady@huntingtonsociety.ca</u>

West Central Ontario

Ms. Maike Zinabou, MSW, RSW Resource Centre Director Toll free: 1-866-796-8016 519-576-6102 mzinabou@huntingtonsociety.ca

Windsor Area

Ms. Gioia Levesque MSW RSW Family Services Worker 519-979-3211 glevesque@huntingtonsociety.ca

ONTARIO NEWS

Durham Region Chapter Continued

MEETINGS

Chapter meetings are held on the third Wednesday of each month from 7 p.m. - 9 p.m. at the Real Canadian Superstore, 200 Taunton Rd. W, Whitby, ON. For more information, please call 905-410-0451 or email <u>durhamregionhd@gmail.com</u>.

Ottawa Chapter

COMMUNITY NEWS

We were excited to have another team participate in the Tamarack Ottawa Race Weekend in May raising over \$11,000! We also had incredible success at the Ottawa Race for a Cure this year, raising approximately \$43,000! Thank you to everyone who was involved!

UPCOMING EVENTS

OTTAWA COMMUNITY EDUCATION FORUM October 19, 2019 12:00 p.m. - 4:00 p.m. Royal Ottawa Auditorium Enjoy a special presentation by Dr. Tiago Mestre on local clinical trials. For more information, visit <u>www.huntingtonsociety.ca/CEF</u>.

MEETINGS

Support Group Meetings: With Paul's departure, the Eastern ON Resource Centre Director role is currently in transition. Please contact the Director of Family Services at 1-800-998-7398 for up to date information on the schedule and location of the two groups available; a group for people in early to early-middle stage HD, and a Caregiver Support Group.

Simcoe/Muskoka Area

COMMUNITY NEWS

We are hoping to apply for Chapter status in the next year; if you'd like to be a part of this, please contact Steven Beatty.

UPCOMING EVENTS

SIMCOE/MUSKOKA WALK TO CURE October 19, 2019 1:00 p.m. Kiwanis Pavilion, 205 Lakeshore Drive, Barrie For more information, go to <u>www.hscevents.ca/SimcoeMuskoka</u> or contact Steven Beatty.

BARRIE COMMUNITY EDUCATION FORUM

November 9, 2019 1:00 p.m.- 4:00 p.m. Roberta's Place Retirement Home, Barrie, ON For more information, visit <u>www.huntingtonsociety.ca/CEF</u>.

www.huntingtonsociety.ca



HD RESOURCES

Clinical Trials

Participation in a clinical trial is a personal choice. Clinical trials can help advance medical research. HSC encourages those interested to connect with their Resource Centre Director to discuss possible impacts of participating. For locations and contact person, visit:

huntingtonsociety.ca/clinical-trial-locations

HDBuzz.net

HD research news. In plain language. Written by scientists for the global HD community. Stay up to date with the latest research news about HD from around the world! Visit: www.en.hdbuzz.net for more information.

HD Fact Sheets

Fact sheets on a variety of topics relating to HD including communication, clinical trials and

behaviour are available on our website at <u>www.hdfactsheets.ca</u>.

GET INVOLVED

TeamHD

Join the team of people that are involved in planning and participating in HSC events across the country.

Follow us on Facebook at facebook.com/hschappenings.

For more information on how to get involved in events, go to <u>www.teamHD.ca</u> or contact the HSC Events Team at 1-800-998-7398, ext. 128 or <u>events@huntingtonsociety.ca</u>.

Volunteer

Our strongest asset is our dedicated volunteers. To learn more about how you can get involved and to fill out an application, visit: www.huntingtonsociety.ca/volunteer.

ONTARIO NEWS

Grand River Chapter

COMMUNITY NEWS

We had a great time at our Annual Founder's Walk celebrating HSC's founders, Ralph and Ariel Walker! Thank you to everyone who came out and supported us! Check out our Facebook Page "Huntington Society of Canada Grand River Chapter" or our new Instagram page @huntingtonsocietygrandriver for updates and photos of our Chapter happenings.

UPCOMING EVENTS

GRAND RIVER COMMUNITY EDUCATION FORUM

October 5, 2019 - 1:00 p.m. - 4:00 p.m. University of Waterloo, Science and Teaching Complex (STC) Plus! Dr. Dale Martin lab tour and Gillian Blaber on genetic testing. For more information, visit <u>www.huntingtonsociety.ca/CEF</u>.

MEETINGS

Chapter meetings are held the second Wednesday of every month. For more information, contact us at <u>hdgrandriver@gmail.com</u>.

Niagara Chapter

COMMUNITY NEWS

We had our Niagara Chapter BBQ at Queenston Heights and it was enjoyed by 20 members. Our Annual Golfapalooza Golf Tournament made just over \$12,000 and the Barn Book Sale in June raised \$470. If you're interested in learning more about our fundraising efforts or want to volunteer for any event or perhaps just want to learn more about the Niagara Chapter, please contact Gail DeKoning or John Stainsby.

UPCOMING EVENTS

NIAGARA TRIVIA NIGHT October 18, 2019 Niagara Falls Lions Club For more information, visit <u>www.hscevents.ca/NiagaraTrivia</u>, or contact John Stainsby.

NIAGARA FALLS INTERNATIONAL MARATHON

October 20, 2019 For more information, contact John Stainsby or visit <u>www.hscevents.ca/RaceHD</u>.

BOOK SALE

October 22 – 26, 2019 Fairview Mall We are still looking for children's books, soft covered men authors and puzzles. Please contact Gail DeKoning at <u>gaildekoning@gmail.com</u> for more information.

PAUL PAONE 3-ON-3 BASKETBALL TOURNAMENT

October 22, 2019 Myers Secondary School For more information, contact John Stainsby.

info@huntingtonsociety.ca

www.huntingtonsociety.ca

1-800-998-7398



CALLING ALL YOUTH

Young People Affected by HD

YPAHD helps youth think about and discuss things like genetic testing, family life, and dating with HD, and supports them in their struggles of being affected by the disease.

Visit <u>www.ypahd.ca</u> for more information or follow them on social media... Facebook: /YPAHD Instagram: @YPAHDFeed Twitter: @YPAby_HD

Youth Mentorship Program

The HSC Mentorship Program is designed to support young people across Canada facing the everyday challenges of growing up in a family affected by Huntington disease.

Visit

<u>www.huntingtonsociety.ca/learn-about-hd/</u> <u>youth/youth-mentorship-program/</u> for more information.

ONTARIO NEWS

Niagara Chapter Continued

NIAGARA COMMUNITY EDUCATION FORUM

November 6, 2019 - 6:30 p.m. - 9:00 p.m. St. Catharines Collegiate, St. Catharines, ON For more information visit <u>www.huntingtonsociety.ca/CEF</u> or contact Gail DeKoning at <u>gaildekoning@gmail.com</u>.

NIAGARA CHAPTER CHRISTMAS DINNER

Victoria Shores in Vineland Station For more information, contact Gail DeKoning.

Kingston/Belleville Area

UPCOMING EVENTS BELLEVILLE COMMUNITY EDUCATION FORUM

October 25, 2019 - 1:00 p.m. - 4:00 p.m. - Crossroads to Care, Belleville, ON For more information, visit <u>www.huntingtonsociety.ca/CEF</u>.

MEETINGS

A support group is offered the 4th Wednesday of the month. There is a Care-partner Support Group and a Drop-In offered. Please contact Sherrie McKegney, Family Services Worker, for more information.

Northern Ontario Chapter (Timmins, Sudbury, Thunder Bay)

COMMUNITY NEWS

Our Timmins Bowl 4 a Cure in May was a packed house with lots of young bowlers, and we raised over \$5000! The Sudbury Chapter returned in June with a Paint Nite, raising nearly \$500. In April, Jim Pollard, renowned HD speaker, toured Northern Ontario, stopping in Huntsville, Sudbury, Timmins and Thunder Bay. Attendees learned a lot, while also discussing plans for forming a regional Chapter in Northern Ontario. There is a newly formed group in Thunder Bay. We are starting to make plans for social get-togethers. Please contact <u>events@huntingtonsociety.ca</u> if you are interested in helping, or for more information.

UPCOMING EVENTS

TIMMINS COMMUNITY EDUCATION FORUM

September 25, 2019 - 7:00 p.m. – 9:00 p.m. Golden Manor, Timmins Linda Dagenais (Physiotherapist) will present. For more information, visit www.huntingtonsociety.ca/CEF.

Sarnia Chapter

COMMUNITY NEWS

We had a great year for events with our Pot O' Gold Bowling fundraiser bringing in over \$4,000! Also in March, Celine Payne participated in the Changing Landscape of HD event in Toronto, where she spoke about her experience with getting tested for HD. In July we held our Beats on the Streets music festival at the local "Refined Fool" Brewery. Thanks to everyone who made this such a successful year for us! We are looking for anyone who is interested to join our Chapter and or/ be a volunteer at our upcoming events. If you have questions, please contact Celine at <u>celineangele@hotmail.ca</u>.

info@huntingtonsociety.ca

www.huntingtonsociety.ca

1-800-998-7398



STAY CONNECTED

Sign up for our Newsletters

Are you interested in finding out about the latest research news from around the world, or what is happening in your local HD community, or tips for caring for a person with HD?

The Huntington Society of Canada is committed to providing you with the most up-to-date information on your topics of interest.

For more information on our three newsletters and to sign up to receive them directly to your inbox on release date, visit <u>www.huntingtonsociety.ca/newsletters</u>.

Social Media

You can find us on...

Facebook: /HuntingtonSC Twitter: @HuntingtonSC Instagram: @HuntingtonSocietyCanada Youtube: /HuntSocCanada

HD Fact Sheets

Fact sheets on a variety of topics relating to HD including communication, clinical trials and behaviour are available on our website at <u>www.hdfactsheets.ca</u>.

Sarnia Chapter Continued

UPCOMING EVENTS BOWLING NIGHT March 2020 More details to come soon!

MEETINGS

There is a group of volunteers interested in working towards Chapter status in this region. Join us on September 15 for a meeting to discuss next steps and express interest in involvement. Contact <u>events@huntingtonsociety.ca</u> for details.

ONTARIO NEWS

Young People Affected by HD (YPAHD) Chapter

YPAHD helps youth think about and discuss issues such as genetic testing, family life, and dating with HD, and supports them in their struggles of being affected by the disease. This group gives young people someone with whom they can relate, talk to, and lean on. This support system can be incredibly important during this stage in life and beyond.

MEETINGS

YPAHD is a virtual chapter that meets monthly via telephone. YPAHD conference calls are typically scheduled during the evening of the second Sunday of each month but this schedule is subject to change. Check social media or contact <u>ypahd@huntingtonsociety.ca</u>.

UPCOMING EVENTS

YPAHD day is coming up on November 16, 2019. YPAHD day is a one-day conference specifically designed for youth (14-35) affected by HD. Youth from across the country gather regionally to learn about genetic testing, family planning, caring for someone with HD, guilt, event planning, round table discussions and more! For more information, visit: <u>www.huntingtonsociety.ca/ypahd-day</u>.