ATLANTIC COMMUNITY NEWSLETTER FALL 2019



CHAPTER INFORMATION

Prince Edward Island Chapter

President: Steve Clement steveclement@pei.sympatico.ca

Nova Scotia Chapter

President: Shirley Smith halifaxhsc@gmail.com

Newfoundland: St. John's Area

Representative: Catherine Price <u>catherine.price@mun.ca</u>

Newfoundland: West Coast

Representative: Susan Fitzgerald susanwalsh36@hotmail.com

HSC National Office IS MOVING IN OCTOBER! New address:

20 Erb St. W, Suite 801, Waterloo, ON N2L 1T2 1-800-998-7398

info@huntingtonsociety.ca

HSC RESOURCE CENTRES

Family Services Program available at HSC Resource Centres includes:

- Information on HD and strategies for care
- Connecting families with community services/resources through referral and advocacy
- Educational sessions to community groups and healthcare professionals

Nova Scotia & Prince Edward Island

Barbara Horner BSW RSW Resource Centre Director 902-446-4803

bhorner@huntingtonsociety.ca

New Brunswick

Marthe Gautreau BSW RSW Resource Centre Director Toll free: 1-844-384-2345

506-384-2345

mgautreau@huntingtonsociety.ca

Newfoundland

Elaine Smith BSW RSW Resource Centre Director Toll free: 1-877-745-1155

709-745-1155

esmith@huntingtonsociety.ca

ATLANTIC NEWS

Province-Wide Events

Holiday Hustle: The Holiday Hustle is a great way to stay active and involved during the Winter season! Check out our website for a race near you, and start fundraising for some amazing prizes: www.hscevents.ca/HolidayHustle. If you've found a race near you that is not listed, contact us at events@huntingtonsociety.ca.

Prince Edward Island Chapter

COMMUNITY NEWS

The PEI Indy Go-Kart Race in June raised close to \$9,000! Thank you to everyone who volunteered and participated! We are currently seeking volunteers; please contact events@huntingtonsociety.ca for details.

MEETINGS

We will be holding monthly social activities, and all are welcome. If you are interested or would like to be involved in the PEI Chapter in a leadership or volunteer capacity, please contact events@huntingtonsociety.ca.

Nova Scotia Chapter

COMMUNITY NEWS

Barb Horner, Resource Centre Director, set up a small booth at the River John Days festival on July 27 and was able to provide information and resources to the River John community about HD! Contact halifaxhsc@gmail.com if you are interested in helping with upcoming activities or events in our area.

UPCOMING EVENTS

SUPPORT AND INFORMATION SHARING SESSION

September 24, 2019

Contact Barb Horner for more information.

HALIFAX COMEDY NIGHT

November 1, 2019 - More details to come soon! Contact events@huntingtonsociety.ca for more information.

MEETINGS

Please visit our website at <u>www.hdhalifax.ca</u> for upcoming chapter meeting information.

Newfoundland

COMMUNITY NEWS

Coachman's Cove Walk raised over \$10,000 in July! Thanks to everyone who volunteered and participated in the Walk! We are seeking volunteers interested in planning a provincial fundraising hike in Gros Morne, or other events across Newfoundland. If you're interested, please contact events@huntingtonsociety.ca.

UPCOMING EVENTS

HUFFIN' PUFFIN MARATHON

September 22, 2019 - For more information, visit www.hscevents.ca/RaceHD.

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HD RESOURCES

Clinical Trials

Participating in a clinical trial is a personal choice. Clinical trials can help advance medical research.

HSC encourages those interested to connect with their Resource Centre Director to discuss possible impacts of participating.

For locations and contact person, visit: www.huntingtonsociety.ca/clinical-trial-locations

HDBuzz.net

HD research news. In plain language. Written by scientists for the global HD community.

Stay up to date with the latest research news about HD from around the world! Visit www.en.hdbuzz.net for more information.

HD Fact Sheets

Fact sheets on a variety of topics relating to HD including communication, clinical trials and behaviour are available on our website at www.hdfactsheets.ca.

HSC'S 2019 AMARYLLIS CAMPAIGN

It's that time of year again! We are very excited to kick off the 2019 Amaryllis Campaign. Our goal this year is to sell over 20,000 bulbs.

Amaryllis kits are priced at \$15.00. Each kit is packaged in a lovely gift box which contains one high-quality Orange Sovereign bulb, growing instructions, soil, a planting pot, a plant stake and a saucer. They come in cases of 12 kits and are shipped across Canada.

Orders can be made at any time, with delivery dates from October to December.

Thank you for your tremendous and continuing support and for helping us to Inspire Hope!

ATLANTIC NEWS

Newfoundland Continued

ST JOHN'S COMMUNITY EDUCATION FORUM

September 26, 2019 - 6:30 p.m. to 8:30 p.m. Admiralty House Communications Museum, Mount Pearl For more information and to register, visit www.huntingtonsociety.ca/CEF.

MEETINGS

The Support Group will run every second month from September-June. Please contact the Resource Centre Director, Elaine Smith at 709-745-1155 for more information as well as dates and location.

New Brunswick Area

COMMUNITY NEWS

If you are interested or would like to be involved in the NB Chapter in a leadership or volunteer capacity, please contact <u>events@huntingtonsociety.ca</u>.

UPCOMING EVENTS

GRAND BAY-WESTFIELD PAINT PARTY

September 22, 2019 - 2:00 p.m. to 4:00 p.m.

Brundage Point River Centre, 4 Ferry Road, Grand Bay-Westfield

Join us for a fun afternoon of painting at our first paint night! Visit

<u>www.hscevents.ca/NBPaintParty</u> to purchase tickets or contact Marthe Gautreau for more information.

NEW BRUNSWICK WALK AND GATHERING

October 6, 2019 - 2:00 p.m. to 4:00 p.m.

Killarney Lake Lodge, 1600 Saint Mary's Street, Fredericton North Join us for a walk followed by a pizza lunch and social. For more information and to register or fundraise, visit www.hscevents.ca/NBwalk.

CHRISTMAS SOCIAL

November 24, 2019 - 2:00 p.m. to 4:00 p.m.

Stepping Stone Senior Centre, 15 Saunders Street, Fredericton Get in the Christmas spirit and celebrate with us! For more information, contact Marthe Gautreau.

MONCTON PAINT PARTY

February 2020 - Save the Date!

FREDERICTON PAINT PARTY

April 2020 - Save the Date!

MEETINGS

Support Meetings will occur four times a year in October, January, April and July on the 2nd Tuesday of the month from 7:00 p.m. to 8:30 p.m. The location for meetings rotates between Fredericton, Saint John and Moncton. Meetings will be accessible by phone as well. Please contact Marthe Gautreau for more information.

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GET INVOLVED

TeamHD

Join the team of people that are involved in planning and participating in HSC events across the country.

Follow us on Facebook at www.facebook.com/hschappenings

For more information on how to get involved in events, go to www.teamHD.ca or contact the HSC Events Team at 1-800-998-7398, ext. 128 or events@huntingtonsociety.ca.

Volunteer

Our strongest asset is our dedicated volunteers. To learn more about how you can get involved and to fill out an application, visit www.huntingtonsociety.ca/volunteer.

ATLANTIC NEWS

Young People Affected by HD (YPAHD) Chapter

YPAHD helps youth think about and discuss issues such as genetic testing, family life, and dating with HD, and supports them in their struggles of being affected by the disease. This group gives young people someone with whom they can relate, talk to, and lean on. This support system can be incredibly important during this stage in life and beyond.

MEETINGS

YPAHD is a virtual chapter that meets monthly via telephone. YPAHD conference calls are typically scheduled during the evening of the second Sunday of each month but this schedule is subject to change. Check social media or contact ypahd@huntingtonsociety.ca.

UPCOMING EVENTS

YPAHD day is coming up on November 16, 2019. YPAHD day is a one-day conference specifically designed for youth (14-35) affected by HD. Youth from across the country gather regionally to learn about genetic testing, family planning, caring for someone with HD, guilt, event planning, round table discussions and more! For more information, visit: www.huntingtonsociety.ca/ypahd-day.