BRITISH COLUMBIA COMMUNITY NEWSLETTER SPRING 2019



CHAPTER INFORMATION

Vancouver Chapter

Co-Presidents: Manny Abecia and

Yasmin Hamzah

britishcolumbiahd@gmail.com

South Vancouver Island Chapter

President: Khalilah Alwani southislandHD@gmail.com

Okanagan Chapter

President: Dan Middleton hscokanagan@yahoo.ca

HSC National Office

151 Frederick Street, Suite 400 Kitchener, ON N2H 2M2 1-800-998-7398

info@huntingtonsociety.ca

HSC RESOURCE CENTRES

BC HSC Resource Centre

Rhonda Romolock, BSW, RSW

Resource Centre Director

604-822-7195 • rromolock@huntingtonsociety.ca

Natalie Cruz, BSW

Family Services Worker

604-200-4014 • ncruz@huntingtonsociety.ca

Fraser Valley

Randy Goossen, MSW, RSW **Family Services Worker**

604-851-0225 • rgoossen@huntingtonsociety.ca

South Vancouver Island, Victoria

Jenni Aitken, MSW

Family Services Worker

250-704-2512 • jaitken@huntingtonsociety.ca

Okanagan, Kelowna & Area

Tim Bayliss, BSW, RSW

Family Services Worker

250-712-6225 • tbayliss@huntingtonsociety.ca

The British Columbia Huntington Disease Resource Centre (BC-HDRC) is located at the UBC Hospital, and offers the Huntington Society of Canada's Family Services Program. Rhonda Romolock is the Resource Centre Director and is available four days per week.

BRITISH COLUMBIA NEWS

Province-Wide Events

RaceHD: RaceHD is our national running group that runs, walks or rolls in races across the country to raise money for HD. If you would like more information about the races and to register, visit www.hscevents.ca/racehd. If you have found a race near you that is not listed, contact us at events@huntingtonsociety.ca.

Vancouver Chapter

UPCOMING EVENTS

4th ANNUAL PUB TRIVIA NIGHT

Monday, June 3 at 6:30 p.m. at Junction Pub, 1138 Davie St. in Vancouver Please join us a fun night of trivia. Tickets are \$25.00 each and include a burger, chips, a drink, and a whole lot of fun! Visit www.hscevents.ca/bcpubtrivia to purchase tickets or for more information about this upcoming event.

SAVE THE DATE – HSC PICNIC on Sunday, June 23 at Queens Park in New West. SAVE THE DATE - BCWALK on Sunday, September 15. More info to follow!

CHAPTER MEETINGS

Chapter meetings are held on the second Wednesday of each month at the Centre for Molecular Medicine and Therapeutics - 950 W 28th Ave., Vancouver, BC at 7:10 p.m. For more info contact the Chapter at britishcolumbiahd@gmail.com.

HD SUPPORT GROUP – This group is for people diagnosed with HD and meets the 2nd Wednesday of each month 1:00 .p.m to 3:00 p.m. from September to June. Please contact Natalie for more information at ncruz@huntingtonsocietv.ca.

CAREGIVER GROUP – This groups offers caregivers an opportunity to connect with others experiencing similar concerns. We meet the third Monday of every second month from 6:45 p.m. to 8:15 p.m. from September to June. Please contact Rhonda Romolock at rromolock@huntingtonsociety.ca.

South Vancouver Island Chapter

COMMUNITY NEWS

The South Island Chapter is Seeking volunteers to join the executive, as well as help out with events and projects. For more information or to get involved, please email southislandhd@gmail.com.

MAY HD AWARENESS MONTH

The City of Victoria will again be proclaiming May HD Awareness Month! Come out to the flag raising of the HD flag at Victoria City Hall.

Light It Up for HD! This will be happening again this year at the Legislative Assembly of British Columbia.

MEETINGS

The second Thursday of each month is the support group for People Living with HD, from 1:30 p.m. - 3:30 p.m. at Selkirk Place, 385 Waterfront Cres. in Victoria.

The third Tuesday of the month is the Caregivers and Friends of People with HD.

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HD RESOURCES

Clinical Trials

Participating in a clinical trial is a personal choice. Clinical trials can help advance medical research.

HSC encourages those interested to connect with their Resource Centre Director to discuss possible impacts of participating.

For locations and contact person, visit: www.huntingtonsociety.ca/clinical-trial-locations

HDBuzz.net

HD research news. In plain language. Written by scientists for the global HD community. Stay up to date with the latest research news about HD from around the world!

HD Fact Sheets

Fact sheets on a variety of topics relating to HD including communication, clinical trials and behaviour are available on our website at www.hdfactsheets.ca.

GET INVOLVED

TeamHD

Join the team of people that are involved in planning and participating in HSC events across the country.

Follow us on Facebook at facebook.com/hschappenings

For more information on how to get involved in events, go to www.teamhd.ca or contact our Community Events Coordinator at 1-800-998-7398, ext. 136 or events@huntingtonsociety.ca.

Volunteer

Our strongest asset is our dedicated volunteers. To learn more about how you can get involved and to fill out an application, visit www.huntingtonsociety.ca/volunteer.

BRITISH COLUMBIA NEWS

South Vancouver Island Chapter Cont.

Support Group from 11:00 a.m. to 1:00 p.m. at Queen of Peace Church Hall, 849 Old Esquimalt Rd.

For information about dates and times follow us on Facebook at "Huntington Society of Canada South Vancouver Island Chapter," and stay tuned for our new upcoming website.

Okanagan Chapter

COMMUNITY NEWS

Thanks to our generous supporters, we raised over \$8,000 at our recent 8th annual dance and silent auction held in Vernon, including a \$1,000 donation from the Elks Lodge #45.

UPCOMING EVENTS

12th ANNUAL WALK/RUN TO FINISH HD

Saturday, May 25

Kin Beach Park, Vernon, BC

Registration 9:00 a.m., Event Start 10:00 a.m.

5 km run and 5km/1km walk event

www.hscevents.ca/vernonrun

Fraser Valley Area

SUPPORT MEETINGS

People with HD, Affected by HD, or Caregivers: Fourth Monday of the month (except July, August and December), Central Abbotsford. New participants are always welcome.

Caregivers Only: Three-four times per year in addition to the regular monthly meetings.

Call Randy at 604-851-0225 for more information on either of the groups above.

Young People Affected by HD (YPAHD) Chapter

YPAHD helps youth think about and discuss issues such as genetic testing, family life, and dating with HD, and supports them in their struggles of being affected by the disease. This group gives young people someone with whom they can relate, talk to, and lean on. This support system can be incredibly important during this stage in life and beyond.

CHAPTER MEETINGS

YPAHD is a virtual chapter that meets monthly via telephone. YPAHD conference calls are typically scheduled during the evening of the second Sunday of each month but this schedule is subject to change.

UPCOMING EVENTS

For upcoming events and more information on how to get involved with YPAHD, visit www.ypahd.ca.