

**FOR IMMEDIATE RELEASE**  
**Event Date: September 11, 2016**  
**Vancouver, British Columbia**

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***Join the 19<sup>th</sup> Annual BC Hike4Huntington!***

(VANCOUVER, BC) August 19, 2016 – Join the BC Chapter of the Huntington Society of Canada for the 19<sup>TH</sup> Annual Hike4Huntington. This annual event combines a nature hike, with family activities, awards and refreshments. All proceeds will go directly to support families in Canada impacted by Huntington disease (HD) and Juvenile Huntington disease (JHD).

What? BC Hike4Huntington

When? Sunday, September 11, 2016 at 8:30 a.m.

Where? Rice Lake Loop Trail, Lower Seymour Conservation Reserve, 4400 Lillooet Rd, North Vancouver

Why? In support of the individuals and families impacted by Huntington disease

Details: Register at 8:30 a.m. before joining the 3K or 5K hike routes. Visit us at <http://www.hscevents.ca/BCHike> for more information and to start fundraising. Following the hike, stay for a BBQ, family activities, and awards. Registration is \$25, half price for children ages 6-12, and free for children 5 and under!

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**Huntington disease (HD)** is a debilitating brain disorder that is fatal and incurable. About one in every 7,000 Canadians has HD and approximately one in every 5,500 is at-risk of developing the disease. Many more are touched by HD whether as a caregiver, a family member, or a friend. Huntington disease is often described as having the symptoms of Alzheimer’s, Parkinson’s and ALS – simultaneously. As the disease progresses, a person with Huntington disease become less able to manage movements, recall events, make decisions and control emotions. The disease leads to incapacitation and, eventually, death.

The **Huntington Society of Canada (HSC)** is a respected leader in the worldwide effort to find a meaningful treatment for Huntington disease. HSC is the only Canadian health charity dedicated to providing help and hope for families dealing with Huntington disease across Canada.

**For more information:**

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