

FOR IMMEDIATE RELEASE
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National Media Contact:

Sobia Khan
519-749-8491 Ext. 130
Skhan@huntingtonsociety.ca

Running 600 km in 3 Days to Support Those Impacted By Huntington Disease

(KITCHENER, ON) August 16, 2016 – Bert Blackbird is “Going the Distance” for Huntington disease with a record breaking distance of 377 miles/607 kilometers without sleep from Swift Current, Saskatchewan to Brandon, Manitoba to raise funds that will go directly to the Huntington Society of Canada to support families in Canada impacted by Huntington disease (HD) and Juvenile Huntington disease (JHD).

Born and raised in Brandon, Manitoba, Bert works full time and is incredibly dedicated to running. He has always been involved in sport but has found his true passion in running. Having participated and completed numerous marathons and Ultra Marathons, including 5 Canadian Death Races (125kms), Actif Epica (130 km across the Manitoba Prairie in the middle of winter), and many 100 mile races. Bert is ready to push his personal limits and raise money and awareness for HD. In 2014, he completed running the 200 km from Winnipeg to Brandon and last year he ran from Regina, Saskatchewan to Brandon, Manitoba (a distance of 362 km that he completed in 58 hours!)

Bert learned about Huntington disease from his friend’s aunt, who was also his landlord. His friend’s family carried the Huntingtin gene. He has since watched members of his second family fall to the disease and decided to run for a cause, to promote awareness for this inherited disease that forever alters peoples’ lives.

“Go the distance” with Bert by supporting his run for Huntington disease!

Who? Bert Blackbird- Brandon Manitoba
What? Run to Cure Huntington Disease
When? Wednesday, August 24, 2016 – Sunday, August 28, 2016
Where? Swift Current, Saskatchewan to Brandon, Manitoba
Why? In support of the individuals and families impacted by Huntington disease
Details: For more information and event details visit: www.goingthedistance4hd.ca

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Huntington disease (HD) is a debilitating brain disorder that is fatal and incurable. About one in every 7,000 Canadians has HD and approximately one in every 5,500 is at-risk of developing the disease. Many more are touched by HD whether as a caregiver, a family member, or a friend. Huntington disease is often described as having the symptoms of Alzheimer’s, Parkinson’s and ALS – simultaneously. As the disease progresses, a person with Huntington’s become less able to manage movements, recall events, make decisions and control emotions. The disease leads to incapacitation and, eventually, death.

The **Huntington Society of Canada (HSC)** is a respected leader in the worldwide effort to find a meaningful treatment for Huntington disease. HSC is the only Canadian health charity dedicated to providing help and hope for families dealing with Huntington disease across Canada.

For more information:

Cam and Sandy Harrison
sandson10@hotmail.com
(204) 573-4565