

FOR IMMEDIATE RELEASE
Event Date: August 29, 2016
Multiple Ontario locations

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Chatham Woman Jumps in 5 Great Lakes for Huntington Disease and Lupus!

(CHATHAM, ON) August 18, 2016 – Lori Sheppard is celebrating her birthday by celebrating her good health and raising funds for Huntington disease (HD) and Lupus. Lori, her daughter and nieces will swim in each of the five great lakes in one day. Proceeds will be split between Lupus Ontario and the Huntington Society of Canada. Individuals can also donate in Lori’s honour directly to the Huntington Society of Canada to support families in Canada impacted by Huntington disease and Juvenile Huntington disease (JHD) at www.huntingtonsociety.ca.

What? Lakes for Lupus and Huntington Disease

When? Monday, August 29th, 2016

Where? Lake Superior (start), Lake Michigan, Lake Erie, Lake Ontario and Lake Huron (end)

Why? In support of the individuals and families impacted by Huntington disease

Details: The swimmers will start their road trip at Lake Superior on August 29th, swimming in the Lake before continuing on to Lake Michigan, Lake Erie, Lake Ontario, and finally, Lake Huron. Donations of support can be made directly to the Huntington Society of Canada at www.huntingtonsociety.ca Learn more about the event at <https://www.facebook.com/Lakes-For-Lupus-177880562624287/>

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Huntington disease (HD) is a debilitating brain disorder that is fatal and incurable. About one in every 7,000 Canadians has HD and approximately one in every 5,500 is at-risk of developing the disease. Many more are touched by HD whether as a caregiver, a family member, or a friend. Huntington disease is often described as having the symptoms of Alzheimer’s, Parkinson’s and ALS – simultaneously. As the disease progresses, a person with Huntington disease become less able to manage movements, recall events, make decisions and control emotions. The disease leads to incapacitation and, eventually, death.

The **Huntington Society of Canada (HSC)** is a respected leader in the worldwide effort to find a meaningful treatment for Huntington disease. HSC is the only Canadian health charity dedicated to providing help and hope for families dealing with Huntington disease across Canada.

For more information:

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