

**FOR IMMEDIATE RELEASE**  
**Event Date: June 3, 2017**  
**Exeter, Ontario**

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***Become A Hero Of Huntington Disease at Annual Hike in Exeter***

(EXETER, ON) May 12, 2017 – This year the London Chapter of the Huntington Society of Canada (HSC) is holding their annual Exeter Hike of Heroes for Huntington Disease. Celebrate your heroes with us. Participants are encouraged to come dressed as their favourite hero and enjoy a bouncy castle, face painting and live music. All proceeds will go directly to the Huntington Society of Canada to support families in Canada impacted by Huntington disease (HD) and Juvenile Huntington disease (JHD).

What? Exeter Hike of Heroes for Huntington Disease

When? Saturday, June 3, 2016, 9:15 A.M.

Where? McNaughton Park, Exeter, Ontario

Why? Dress up in your favorite hero as the Chapter celebrates Huntington Heroes!

Details: Registration begins at 9:15 a.m., warm-up at 9:45 a.m. and the hike begins at 10:00 a.m. Following the hike at 11:00a.m. there will be a BBQ and entertainment. There will be lots of fun activities such as face painting, splash pad, live music and a bouncy castle. Please bring a lawn chair, your hero costume, a bathing suit, pledge forms and running shoes. Register or donate at [www.hscevents.ca/Exeterhike](http://www.hscevents.ca/Exeterhike)

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**Huntington disease (HD)** is a debilitating brain disorder that is fatal and incurable. About one in every 7,000 Canadians has HD and approximately one in every 5,500 is at-risk of developing the disease. Many more are touched by HD whether as a caregiver, a family member, or a friend. Huntington disease is often described as having the symptoms of Alzheimer’s, Parkinson’s and ALS – simultaneously. As the disease progresses, a person with Huntington’s become less able to manage movements, recall events, make decisions and control emotions. The disease leads to incapacitation and, eventually, death.

The **Huntington Society of Canada (HSC)** is a respected leader in the worldwide effort to find a meaningful treatment for Huntington disease. HSC is the only Canadian health charity dedicated to providing help and hope for families dealing with Huntington disease across Canada.

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